

# Wisconsin Association of Family & Consumer Sciences Region 5 Fall Meeting Thursday, September 29, 2011



The Wisconsin Association of Family and Consumer Sciences (WAFCS) extends a warm invitation to members and guests to the Region 5 Fall Meeting at Hy-Vee Grocery Store (3801 East Washington Avenue) on Madison's east side. The night will feature the following activities:

- 5:00 p.m. Registration
- 5:30 p.m. Hy-Vee Store Tour
- 6:00 p.m. Cooking Class and Samples by Hy-Vee Chef *David Martineau* in Hy-Vee's Club Room
- 7:00 p.m. USDA's My Plate and Nutrition Guidelines by NASCO FCS Division Director *Barb George*
- 8:00 p.m. Business Meeting by WAFCS Region 5 President *Sue Simon*  
WAFCS Website Demonstration by WAFCS Communications Director *Tiffani Roltgen*  
Door Prizes and Goody Bags

Hy-Vee was built in 2009 with many "green" attributes, resulting in the store's LEED (Leadership in Energy and Environmental Design) certification. Hy-Vee is unique in its offerings, which include a staff dietitian, catering, Caribou coffee shop, and various restaurants, as well as the more common salad bar, bakery, pharmacy, deli, and floral departments. Additionally, Hy-Vee offers a lovely Club Room with a full demonstration kitchen where Chef David Martineau will prepare the culinary delights we will sample. Chef Martineau was the Edgewater Hotel's maitre d' for 40 years and attended UW Gordon Commons cooking school and MATC, where he taught cooking, cake decorating, and baking.

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Yes, I plan to attend the Region 5 WAFCS Fall Meeting on Thursday, September 29, 2011.

\_\_\_\_\_ WAFCS Member    \_\_\_\_\_ Guest/Non-Member

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone & E-mail: \_\_\_\_\_

Please submit \$17.50 by September 23, 2011, to:  
Priscilla Bondhus  
1300 North Highpoint Road  
Middleton, WI 53562  
608-827-5554