AAFCS 99th Annual Conference
Keynote Speaker

Sheryl Nussbaum-Beach
Adjunct Instructor of Educational Technology, The College of William and Mary
Technology and Education Consultant

Second General Session
June 20, 2008
8:00am – 9:30am

“21st Century Learners: Hi-Tech Collaboration”

A passionate student is a learning student. As the people of the world are becoming more connected, the nature, use, ownership, and purpose of knowledge are changing in profound ways. Our goal as educators is to leverage these connections and changes as powerful means to improve teaching and learning in our schools.

Want More Annual Conference Info?
Visit www.aafcs.org/meetings/08/index.html, call 1-800-424-8080, or email annualconf@aafcs.org.

AAFCS Membership—
How important is it?

Dr. Arthur Brooks, a social economist from Syracuse University and a keynote speaker at last year’s AAFCS conference, conducted a study of association members versus non-association members in a profession. He found that on a comparison basis:

• Association members have higher salaries by more than $10,000/year
• Association members report higher satisfaction with their jobs by 19%
• For most Americans, job satisfaction = life satisfaction
• Association members are happier by 9%

Conclusion: Association membership doesn’t mean that you’ll automatically make more money, be more satisfied and be happier….but there is a relationship between these factors and association membership.

2008 Public Policy Friend of Family Award

Mike J. Wagner and William P. Niemeyer, leaders of Nasco, will be the recipients of the 2008 Friend of Family Award. They are the executive leaders of Nasco. They are being recognized for their contributing financial and volunteer resources to support national and international programs that strengthen individuals, families and communities. WAFCS has enjoyed the support as well as the educational resources Nasco has provided through the years. In researching material for submitting this nomination to the AAFCS Public Policy committee we learned of many more contributions they have generously supported. Join us in celebrating the presentation of this award in Milwaukee in June.

Submitted by Priscilla Bondhus

Second Harvest to be honored at the AAFCS Conference

The agency, America’s Second Harvest: The Nation’s Food Bank Network, nominated by WAFCS will receive the 21st Century Community Champion Award in June, 2008.

The mission of Second Harvest is to feed the hungry through a network of member food banks and engage our country in the fight to end hunger. This nomination was written by Karen Goebel, Vera Riley and Cynthia Chase Whitley and was submitted to the AAFCS public policy committee for their consideration. Bob Mohelnitzky, Executive Director of Second Harvest Food Bank of Southern Wisconsin, was a keynote speaker at our 2007 state conference.

Let us Celebrate
President: Christine Knip, CFCS
President Elect: Donna Dinco
Secretary: Karen Dickrell, CFCS
Treasurer: Susan Turgeson
VP Professional Development: Open
VP Elect Professional Development: Sterling Wall, CFLE
VP Internal Relations: Cynthia Chase Whately
VP External Relations: Charmaine Rimple, CFCS
VP Public Policy: Janice Felhous, CFCS
Counselor: Jennie Paulson, CFCS
PGS Chair: Amy Turner
Student Development Chair: Arlene Welcher, CFCS
Membership Chair: Tiffani Calmes, CFCS
Executive Director: Priscilla Bondhus

Regional Presidents
Region 1: Lori Pund, Karen Casey
Region 2: Carol Subera
Region 3: Open
Region 4: Open
Region 5: Amy Merlo
Region 6: Open

Professional Section Chairs
College and University: Diane Klemme, CFCS
El/Sec/Adult Ed: Jeanne Schwass-Long, CFCS
Nutrition Management: Barbara George
Human Services: Ruth Gibrowski, CFCS
Business: Open
Home & Community: June Luett, CFCS
Research: Donna Dinco

Division Chairs
International: Mary Crave CFCS
Art & Design: Beverly Braun
Family Econ & Res Mgmt: Mary Kennedy CFCS
Family Rel & Human Development: Vera Riley, CFCS
Nutrition/Health/Food Management: Barbara George
Housing and Environment: Linda Wussow, CFCS
Education & Technology: Monica Schober
Communication: Judith Knudsen, CFCS
Representative to IFHE: Mary Crave CFCS

WAFCS Foundation Board
Foundation Chair: Karen Goebel, CFCS
Members at Large: Vera Riley, CFCS
__________________________________________________________________________
Jean Zeithamel CFCS

Award Chairs
Leaders Award: Carolyn Barnhart, CFCS
Teacher of the Year Award: Donna Dinco, CFCS
New Achievers Award: Dottie Winger, CFCS

2008 National Conference
Local Arrangements Chair: Janet Powell, CFCS
Centennial Committee Chair: Carol L. Anderson, CFCS
AAFCS Student Officer: Sarah Collentine

Message from The President

We are going to have one huge celebration in Milwaukee! Please join me in congratulating our AAFCS National Award Winners:

Karen Dickrell, Leader Award
Arlene Welcher, New Achiever Award
Nasco, AAFCS Friend Award
Second Harvest, 21st Century Community Champion

Thanks to all of these nominees and the application prepares for the excellent work you are doing for WI families!

Speaking of Milwaukee...have you sent in your registration for the AAFCS 99th Annual Conference, the excursions, and your registration for the Affiliate meeting? I hope so! It looks to be an outstanding conference and a wonderful opportunity for our affiliate members to work together on a national “project”. And it’s not too late to join “Club 99”.

Conference committee members have been very busy planning the excursions, lining up speakers, filling in the many details. As the Conference approaches, we’ll be looking for additional volunteers, so I hope you’ll say “yes” when you get the call. Again my thanks to the conference planning committee chairs and members for making this event happen!

So why do we do this? Why do we add more meetings to our calendars and say “yes” when we may be wanting/need to say “no”? As the WAFCS Council began its last meeting, I asked Council Members to tell me why they were members of WAFCS/AAFCS and/or willing to take on a leadership role in WAFCS. The list of reasons was long, including:

- Networking
- Meet people
- Mentoring – both be one and to be mentored
- Professional material
- Payback
- Strengthen the profession
- Professional development
- To be “stretched”
- History of our profession
- My responsibility
- Support profession
- Give back
- Learn
- Leadership opportunities
- Build an extended family
- Continue growing as a professional
- Wonderful people

As each of these reason was mentioned, I nodded my head “yes”. As the council so eloquently noted, we give to WAFCS/AAFCS but we get so much back in return.

It has indeed been a pleasure to work with you this past year as President of WAFCS – thanks for the opportunity to serve in this leadership role. I look forward to seeing you in Milwaukee as we host the 2008 Annual Conference and celebrate the many accomplishments of our members!

Celebrating 100 Years Cookbook

As part of the AAFCS Centennial Celebration, the California affiliate is compiling a very special cookbook with recipe contributions from state affiliates. Utilizing the conference theme of “Evolving Technology” the cookbook, Celebrating 100 Years will be in CD format. The CD is scheduled to be available at the Milwaukee Conference in June.

Wisconsin Contributions to the cookbook:
- Appetizers or Beverages – Susan Turgeson: Artichoke Spinach Dip
- Soups or Salads – Priscilla Bondhus: Strawberry Spinach Salad
- Breads, Muffins, or Rolls – Linda Wussow: Lemon-Nut Twists
- Pastas or Casseroles – Chris Kniep: Roasted Root Vegetables
- Main Courses – Diane Klemme: Chili
- Desserts – Ginny Hall: Ginny’s Brownies

Christine Knip, CFCS
Volunteers Needed for National Meeting

Accept the honor of representing Wisconsin by volunteering at the National Conference.

June 18th through June 21st in Milwaukee. Consider your schedule at the conference and sign up for one or two of those sessions you will be attending. If every registered Wisconsin participant helps, we should be covered.

Volunteer Opportunities
1—Bookstore: set up- Thursday June 19th
2—Bookstore: booth helpers/sales- Thursday p.m., Friday and Saturday
3—Program Session: Room Counts- a.m. & p.m. sessions Thursday, Friday and Saturday
4—Recognition and Celebration greeters: Thursday a.m., Friday p.m.
5—Luncheon Ticket Takers: Thursday a.m., Friday a.m.
6—Pacesetter Dinner Ticket Takers: Saturday p.m.

7—General Session Greeters: Thursday p.m., Friday a.m.
8—Open Forum Greeters & Counters: Friday a.m.
9—Senate Credentialing: direct observers: Saturday p.m.
10—Registration assistance: Wednesday, Thursday, Friday and Saturday a.m. & p.m.
11—Local Arrangements Center LAC: dispense information Tuesday 2:00 pm-6:00 pm, Wednesday, Thursday, Friday 8:00 a.m.-6:00 p.m., Saturday 8:00 a.m.-3:00 p.m.

Thank you in advance for considering this opportunity to support WAFCS. Check your schedule, contact the following members to sign up for a spot. Contact us soon!

LAC chair: Arlene Welcher, welehera6412@charter.net
Volunteer Co-Chairs: Janice Felthaus, jfelthaus@wi.rr.com
Jeanne Schwass-Long, schwajec@litewire.net
(608) 873-9227

AAFCS Silent Auction

The Elementary Secondary and Adult Education (ESAE) community of AAFCS is once again planning a silent auction during the AAFCS annual meeting. The proceeds of the auction will be used to offer incentives to FCS undergraduates and new professionals. The current incentive offers membership incentives to members of AAFCS for five second year FCS teachers and five students majoring in FCS education. Funds may also be used to subsidize community projects and to assist with the Teacher of the Year recognition program.

The silent auction will take place during the ESAE curriculum showcase that will be held on Friday, June 20, from 5-7:00 p.m.

Each affiliate is being asked to donate to the silent auction. The item for the auction should be something that the buyer could transport easily after the conference. Handcrafted items and monetary donations are welcome. If you have an item to donate to the auction, please contact Chris Kniep at ckniep@co.winnebago.wi.us or 920-232-1980.

Source of Excellent Teaching Materials

http://lancaster.unl.edu/food/food-reflections.shtml A link to the University of Nebraska-Lincoln extension website. Great reproducible handouts for food & nutrition lessons. Quality powerpoints with colorful graphics sure to capture the attention of your classes.

http://www.nytimes.com/learning/ A link to the New York Times website with lesson plans for classroom teachers. Each article has lesson plans linked to academic standards. A great way to integrate literacy in almost any course and have access to current events related to classroom concepts.

Submitted by Susan Turgeson
Nurturing the Future: Help the Stork’s Nest Deliver Healthy Babies!

by Sarah Collentine, 2007-2008 AAFCS Vice Chair of Outreach and Service

Hello WAFCS members! My name is Sarah Collentine and I am in charge of this year’s student unit national service project for the 2008 annual conference being held right here in Milwaukee WI! I am very excited about this year’s project because it is benefiting an organization that I have been working closely with during my year of service with AmeriCorps in Milwaukee. The organization is called the Stork’s Nest and it is run in collaboration with March of Dimes and Zeta Phi Beta Sorority. The Stork’s Nest is a prenatal parenting resource program that provides incentives for pregnant and new mothers to attend prenatal visits, parenting classes and car seat safety classes. The mothers earn points by attending each check up or class and once they earn a certain number of points they are able to “go shopping” at the Stork’s Nest to “buy” new baby items such as blankets, diapers, thermometers, bottles and other such items. There are six Stork’s Nest locations in Milwaukee and several more across the state. Many of these programs are run out of hospitals or clinics that also provide the mothers with health education and medical resources.

I strongly encourage all of you to donate new baby items for this year’s service project. The student unit will be collecting items outside the entrance to the Opening General Session on Thursday June 19th both before and after the program. All the items will be distributed among the various Stork Nest locations around Milwaukee. Here is a list of needed items:

—Blankets, Diapers, Booties, Bottles, Digital Thermometers, Pacifiers, Wipes, Baby shampoo

Monetary donations are also greatly appreciated! Please email or call me if you have any questions about this year’s service project or the donation process. I look forward to seeing all of you at the conference! Email: sccollentine@gmail.com. Phone: 608-843-9400

Dear Student Member,

You are invited to attend the Business and Entrepreneurship Community Luncheon on Saturday, June 21, 2008, from 12:00 – 1:30 PM at AAFCS in Milwaukee.

The business entrepreneur of the year will be honored and you will hear her exciting story about how she used her Family and Consumer Science background to build a very successful business.

The Business Community will sponsor your luncheon fee with a $15.00 cost share. The luncheon cost to you is $15.00, which is half the full member cost. To take advantage of this opportunity you need to send a check, your membership number, name, address, email, and reservation to Kari Beran, 1015 North Minnesota, New Ulm, Minnesota, 56073. The Business Community will make your reservation with AAFCS upon receipt of your check. The deadline is May 25, 2008.

Please note that you are not registering online because the system will automatically charge you $30.00 and will not allow the cost share.

We know that you too are looking forward to this exciting conference in June.

The Business Community

2 Memorable Quotes

“Home-making today should have a background of scientific training because only in this way can real efficiency be achieved. The average girl wants to be able to keep her house with the least possible strain, and in order to do this she must have good training. This can best be achieved by taking a good course in home economics.”

Eleanor Roosevelt (1933)

“Home Economics stands for the ideal home life for today unhampered by the traditions of the past (and) the utilization of all the resources of modern science to improve home life.”

Ellen Swallow Richards 1904
AAFCS Student Unit
2008 National Service Project

“Nurturing the Future:
Help The Stork’s Nest Deliver Healthy Babies!”

Bundle up NEW Baby Items Such As:

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<th>Items</th>
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<tr>
<td>Blankets</td>
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<td>Diapers</td>
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<td>Booties</td>
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<td>Bottles &amp; Pacifiers</td>
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<tr>
<td>Baby Shampoo</td>
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<td>Baby Wipes and Digital Thermometers</td>
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And bring them to the AAFCS 99th Annual Conference in Milwaukee, Wisconsin!

(Donations will be accepted prior to the Opening General Session on Thursday, June 19th!)

The Stork’s Nest is a prenatal education program operated by Zeta Phi Beta Sorority, Inc., the March of Dimes and cooperating community agencies across the U.S. If you have any questions or would like more information about The Stork’s Nest, please contact Sarah Collentine, AAFCS Student Unit Vice Chair of Outreach and Service, at sccollentine@gmail.com
ORDER
HISTORY BOOK and HISTORY DVD
The IFHE History Book and IFHE History DVD will be available at the IFHE Congress in July 2008.
The final selling price of the History Book will be a result of the number of printed books. The IFHE History Book will cost € 45 (including taxes but without mailing cost). If IFHE will receive more than 500 orders in advance by the end of April 2008 the price for the IFHE History book will be reduced to € 35.
The IFHE History DVD will cost € 15; (including taxes but without mailing cost).

If the History Book and DVD should be sent by mail an additional mailing service fee must be paid.
The History book will be available from 26 July 2008.
You will receive an invoice with the final costs of the IFHE History Book
ONLINE ORDER FORM AVAILABLE AT WWW.IFHE.ORG
Going to the AAFCS Convention in Milwaukee?

Take advantage of any Pre-conference tours Wed. June 18th. There are a few spots left, if you haven’t already booked a tour. Check them out on the WAFCS website at HYPERLINK “http://www.wafcs.org” www.wafcs.org. It’s a great opportunity to see Wisconsin, learn something new and meet new friends while you’re at it. Contact Priscilla Bondhus for any last minute openings.

See you in Milwaukee!

Family Economics & Resource Mgt. Chair article

An unknown author said “Why is there so much month at the end of the money?”

Do you know anyone including yourself who could use some sound, yet tough financial advice or guidance? An excellent book by Dave Ramsey entitled The Total Money Makeover may be just what is needed. Check it out. It’s a quick read with testimonials and worksheets to help anyone get back on track financially.

Henny Youngman (for those of you who are old enough to appreciate his humor) states “I had plastic surgery last week. I cut up my credit cards.” Perhaps Henny had a good point! Read The Total Money Makeover and see if it’s possible.

Submitted by Mary Kennedy

Coming Soon…

It is hard to believe, the Milwaukee conference, which so many of us here in Wisconsin have been working on for the past year, is only a bit more than a month away. As of this date, 96 Wisconsin members are registered to attend!! If you are still thinking about attending, let this be your invitation to attend an outstanding national conference. We in Wisconsin are an outstanding group. You will find yourself surrounded by warm and welcoming individuals who will soon become your good friends. If you need a roommate, we can check to see who might have space. The program shines and Wisconsin award winners abound! Join us for a memorable time in Milwaukee, June 18 to 22, 2008.

Janet Powell, Local Arrangements Chair

“What if a few mistakes are made? How else shall the truth be learned? Try all things and hold fast that which is good.”

Ellen H. Richards, AAFCS Founder & 1st Woman graduate of MIT
Sunday, June 22, 2008

The WAFCS annual meeting will be held following the AAFCS Conference in Milwaukee. The AAFCS annual conference agenda does not allow time for us to meet as a state group during June 19-21; therefore, the WAFCS council has recommended that the state annual business meeting with award presentations and recognition be held Sunday morning, June 22, 2008 meeting.

Location: Hilton Milwaukee City Center, Meeting room 203C
Time: 7:45 -8:30 a.m. BRUNCH
8:30 – 10:30 a.m. meeting

Cost: $25.00 for Members and $15.00 for Students

Deadline for Registration: June 18, 2008

Program:

1. Business of WAFCS

2. Recognition of Awards/scholarships/travelships

3. “It’s a Wrap” – Celebrate the conclusion of a busy, exhilarating, year of preparation for the AAFCS conference in Milwaukee.

4. Installation of new officers for 2008-2009

Name: _______________________________________________________________
Address: _______________________________________________________________
Job Title: _______________________________________________________________
Phone: _______________________________________________________________
E-Mail: _______________________________________________________________

Amount Enclosed: $ _____________

Make registration checks payable to WAFCS
Return completed registration to Vera Riley,
8260 Stagecoach Rd.
Cross Plains, WI  53528
**Animal, Vegetable, Miracle:**
* A Year of Food Life

by Barbara Kingsolver (2007)

Reviewed by Susan Turgeson

Here is a book that will make you think differently about the old saying, “You are what you eat”. As a farmer’s daughter who has lived in the “big city” (well, Menomonie, WI has a population of over 15,000 – where I grew up, 40 minutes away in Ridgeland, was all of 300), for much of my adult life, it took me back to my roots. I was reminded of the critical need for people who have a talent for making things grow and for people who have the knowledge to do so. Having taught food and nutrition courses for the last ten years, it seems that this knowledge has all but vanished from our culture. This book practically makes the case for making food production and food management courses mandatory in our schools. Food is a relevant subject that affects choices we make on a daily basis.

Part memoir, part investigative reporting, this book tells the story of how one family was changed by a year of purposefully eating food produced locally. Barbara Kingsolver wrote the central narrative; her husband wrote sidebars related to various aspects of food-production science and industry; brief essays from her nineteen-year-old daughter shed light on the local-food project, plus nutritional information, and recipes.

The family vows for one year to only purchase food raised within a 100-mile radius, grow it themselves, or learn to live without it. Along the way, the new “locavores” share their stories of growing, preserving, and preparing their food. They also shed light on the connections between anonymous food production and food policies and eating habits.

The book “makes a passionate case for putting the kitchen back at the center of family life and diversified farms back at the center of the American diet”. According to Kingsolver, “Eaters must understand, how we eat determines how the world is used”.

**Ellen Richards**

**DVD Available**

WAFCS is making available to its members a copy of Ellen Richards. Joyce Miles did the research and donated her time to the production of this historical account of the life of Ellen Richards. You may obtain a copy of this DVD for $19.95, which covers the cost of the DVD, bubble wrap for shipping and postage.

If interested send check to:

Susan Turgeson
816 Ingalls Road
Menomonie, WI 54751

**A Bit of Philosophy**

In the fourth century B.C. Aristotle wrote: “The least initial deviation from the truth is multiplied later a thousandfold.”

Sixteen centuries later, Thomas Aquinas echoed this observation. Paraphrasing, he said in effect that little errors in the beginning lead to serious consequences in the end.

In modern times Mortimer Adler writes:

“These serious consequences not only pervade temporary philosophical thought, but manifest themselves in popular misconceptions widely prevalent today. They all tend in the same direction. They affect our understanding of ourselves, our lives, our institutions, and our experience. They mislead our action as well as becloud our thought.”

—Excerpt from *Ten Philosophical Mistakes* by Mortimer Adler
2008 AAFCS TOURS RESERVATION FORM
JUNE 18, 2008

NAME: __________________________________________________________

ADDRESS: ______________________________________________________________________

TELEPHONE DAY: ____________________ EVENING: _________________

E-MAIL ADDRESS: ______________________________________________________________________

PLEASE LIST YOUR FIRST AND SECOND CHOICE*:

___ TOUR A: KOHLER TOUR, $75
___ TOUR B: TEN CHIMNEY'S, $75
___ TOUR C: AMERICA'S DAIRYLAND & NASCO, $75
___ TOUR D: LAKE GENEVA, $75
___ TOUR E: CLOTHING & TEXTILES, $75
___ TOUR F: CULINARY, $55
___ TOUR G: TASTE OF HOME, $55
___ TOUR H: SPRECHER BREWERY, $50

(Go to www.wafcs.org for tour descriptions.)

AMOUNT ENCLOSED: ____________________

MAKE CHECKS PAYABLE TO: WAFCS

SEND TOUR RESERVATION AND CHECK TO: WAFCS 2008 TOURS
% Priscilla Bondhus
1300 North High Point Rd.
Middleton, WI 53562

DEADLINE FOR TOUR RESERVATIONS: MAY 15, 2008

Additional reservations will be accepted, pending availability. No tour refunds will be made after May 15, 2008.

* If your first choice is not available, and second choice is at a different cost level, the cost difference will either be refunded or billed to you.
Thank You,
Club 99 Members!

Many thanks to those who answered the invitation to join Club 99 by contributing $99 to honor the 99-year history of the American Association of Family and Consumer Sciences! The AAFCS 99th Annual Conference & Expo in Milwaukee, June 18-22, begins the celebration of 100 years of the Family and Consumer Sciences/Home Economics profession. It is an honor for WAFCS to be in the unique position of hosting a look back on our rich 99-year history while also providing the setting for looking ahead throughout the 2008-2009 centennial year and beyond. The Club 99 contributions of nearly $6,000 will be used to help fund the gala event celebrating the history of FCS on Friday evening, June 20, which combines both program and celebration activities. If you would like to join the ranks of Club 99, please send your $99 check payable to WAFCS to Susan Turgeson, WAFCS Treasurer, 816 Ingalls Road, Menomonie, WI 54751.

Karen Dickrell in honor of Kathryn Smith
Joann Goodlaxson in honor of Cheryl Fedje
Margaret James in memory of Rosine Geiser James
Margaret James in memory of Ella Jane Meiller
Margaret James in memory of Frances Zuill
Cynthia Jasper in memory of Sally Jasper
Chris Kniep in memory of Margaret Strauss
Nyla Musser in memory of Louise Young
Jean Crownhart Zeithaml in memory of Margaret Nelson.

National Standards

Are you using national standards in your class syllabus? If not, this may be the time to start thinking about it. Accountability is the buzz word these days and this is one way to give credibility into your classes. While it is your plan toward better educational experiences in your classroom, it is a professional way for you to share your Syllabus with School Board and Administrators who are looking at curriculum and test scores in the district. I suggest you tie academic standards to what you are teaching as well. The new FACS national standards are available on the following website: www.aafcs.org/fcsstandards.

Submitted by P. Bondhus

One of the most important ways you can help our Family & Consumer Sciences Education Profession is to join as an American Association of Family and Consumer Sciences (AAFCS) member. As a member of the national organization you are automatically a member of the Wisconsin Association of Family and Consumer Sciences (WAFCS).

The cost for AAFCS is easily affordable and the benefits are multiple and varied. First, you will receive a quarterly newsletter, a helpful way for you to become familiar with the variety of opportunities for networking and professional involvement, while keeping you current on the happenings within our profession. You also will have access to the AAFCS and WAFCS websites sharing information regarding our field, regional meetings as well as state and national.

Numbers speak volumes when it relates to legislative initiatives. (example, saving the Perkins Legislation). We need to show that as professionals we are involved and concerned about the continued success of Family & Consumer Science programs and value of our area in the life of our students.

Names in the News

Kudos to Ruth Ann Potts who was recently honored as an outstanding volunteer by United Way. Ruth, who refers to herself as a professional volunteer was the winner of the 2008 Geraldine Hedberg Alexix De Toqueville Society Award at the United Way of North Rock County’s annual meeting. “Ruth Ann believes strongly in community and sharing ones talents, time and treasure.” Said Sue Conley, executive director of the Community Foundation of Southern Wisconsin. Ruth Ann has given much back to her community with her many volunteer activities and she has been quoted, “I’ve met some of the most marvelous people by volunteering” Congratulations Ruth Ann, you are a wonderful example to others. pb
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