Reforming Juvenile Justice

by Carol Anderson

Research evidence clearly points out that the strongest predictor of juvenile crime is ineffective parenting. Further, research is showing that programs strengthening families with juveniles are, on average, more effective in reducing future crime and producing benefits that outweigh program costs.

The 25th Wisconsin Family Impact Seminar Cost-Effective Approaches in Juvenile and Adult Corrections attracted at least 60 state legislators and/or staffers, agency heads, and others. This topic was selected following interviews with an advisory board of state legislators.

Two outstanding professionals made presentations and then participants had opportunity for further discussion with one or the other. Laurence Steinberg, Distinguished University Professor of Psychology at Temple University and Director of the John D. and Catherine T. MacArthur Foundation Research Network on Adolescent Development and Juvenile Justice spoke on Juveniles in the Justice System: New Evidence from Research and Adolescent Development. Steve Aos, Assistant Director of the Washington State Institute for Public Policy discussed Evidence-Based Public Policy Options to Reduce Criminal Justice Costs.

Dr. Steinberg suggested that the pendulum may be swinging as it appears society is moving from two decades in which there was greater transfer of juveniles to criminal court, harsher punishment of adolescents adjudicated in juvenile court, and less individualization of dispositional decision-making.

Research led by Steinberg and others focuses on the developmental course of intellectual and psycho-social maturity. Specifically, this research examines what the popular literature calls “brain development.” Psychosocial functions such as impulse control, delay of gratification, planning, risk perception, risk aversion, and resistance to peer influence continue developing into the 20s and therefore, adolescents may make impulsive decisions that result in being in trouble with the law. The reality is that only a small minority of serious juvenile offenders become “career criminals.”

Aos examined 571 rigorous (comparative groups), real world evaluations of adult and juvenile corrections programs and prevention programs. The focus of the analysis was what works and what doesn’t, what are the economics of each option, and how would alternative approaches affect future prison demand, spending, and crime? The correction programs that yield the greatest return on investment are those targeted at juveniles.

For more information, see www.wsipp.wa.gov

The five most cost-effective rehabilitation programs work with families. In addition, the most cost-effective prevention program again works with families. Rehabilitation programs include: Multidimensional Treatment Foster Care (rather than group care), Adolescent Diversion Project for lower risk offenders, Family Integrated Transitions, Functional Family Therapy for youth on probation, and Multisystemic Therapy. The cost-effective prevention program is the Nurse Family Partnership. These programs include components designed to improve the functioning of the family.

For more information regarding this topic — check out www.family-impactseminars.org

Our History, Our Legacy—AAFCS Archives Grand Opening

The visionary leaders of our past would be proud of the recently completed “Project Archives: The AAFCS Historical Preservation Campaign”.

Never was our history more evident and accessible as at the AAFCS Archives Grand Opening in the Carl A. Kroch Library at Cornell University. Close to 50 FCS professionals, AAFCS board members and staff, Archives Campaign donors, Cornell Library staff and College of Human Ecology administrators gathered for this inspiring and monumental event.

And the spirit of Wisconsin was well represented by Carol Anderson, Sue Buck, Mary Koch and Karen Goebel. The October 6, 2007 gala event has been well documented through Mary Koch’s photographs and podcasts.

Our 360+ boxes of priceless papers, artifacts, and photos, literally held in a vault, provided an opportunity for us to reach into our past. AAFCS Archivist Sarah Keen shared a few formal documents from early years. One of the most impressive contained notes in the handwriting by AAFCS founder Ellen Swallow Richards regarding the size and effectiveness of governing bodies.

Ellen Richards was not only at the Grand Opening in spirit, but made a special appearance to share stories from her life and times. (Well, actually, it was AAFCS member Joyce Miles portraying Ellen. But after Joyce’s intense research of Richards’ life, the two seem inseparable).

Visit www.aafcs.org/cornell.html for a detailed listing of what’s in the AAFCS Archives, and watch the Journal of Family & Consumer Sciences and website for more on the Archives Grand Opening. We’ve much to be proud of and to share.

Karen Goebel, CFCS & Carolyn Jackson, CFCS
Message from The President

Dear WAFCS Friends,

If you were to stop in my office, you’d see a room filled with many things — books, notebooks, quotes, cards, files, markers, figurines, quilt blocks, more notebooks (we seem to have lots of them in Extension) and pictures. Cluttered for many, but chocked full of inspiration for me. And while I work to have a clear desk-top by the end of the day, week, and/or month, my sources of inspiration remain. From Maya Angelou I read: “The world is moving so fast and our plates are overflowing with the things we feel we have to do.” Which sits next to my Hallmark tile of “The real TO-DO List: Sing, smile at strangers, keep learning, notice kindness, eat ice cream, hope, count your blessings, laugh, love and love some more. That list is kept close at hand to remind me in the busyness of life what is really important!

Half-way through our WAFCS year means we’re only 6 months from hosting the AAFCS Annual Conference and Expo – yes, the world is moving fast and our plates overflowing! But thanks to an ambitious WAFCS Board and Executive Director, we’ll be able to enjoy the things on the “Real TO-DO List.” Attending to lots of business, we enjoyed the beauty of a sunny fall day in Wisconsin at our October 6 council meeting, hosted by Priscilla Bondhus at her lake home. Much was accomplished including:

- **The 2007-2008 Budget passed**, acknowledging a decrease in revenue due to not holding our own annual conference.
- **Two bylaw changes were passed** and are being forwarded to members for review/vote. These changes, reported in a separate article, are in regard to officer terms and budget year.
- **Centennial Committee is working on fund raising for a gala kick-off to our centennial year. The kick-off will be held at AAFCS Annual Conference.**
- **Nominations for the 21st Century Champion Award and Friend of Family Award are being prepared and submitted to AAFCS.**
- **WAFCS Website has been up-dated** — check it out and please let us know what else you’d like to see on the website.
- **2009 WAFCS Conference sites are being investigated.**

Special thanks to Janet Powell for providing leadership to our Local Arrangements Committee (LAC). Janet is working hard to keep WI members informed of actions and to keep AAFCS in tune with WI efforts – lots of pieces to juggle! Thanks too, to our outstanding Excursion Committee members: Mary Kennedy, Mary Kaye Merwin and Ginny Hall – when your 2008 Annual Conference Materials arrive, you’ll want to sign up immediately to get on one of our outstanding Excursions! Remember the slots go quickly and all WAFCS members, including Excursion helpers will need to register for the conference to participate on the Excursions.

I’m hoping that you have blocked June 18-22nd on your calendar and plan to attend the Annual Conference and Expo in Milwaukee. Attendance will be both a valuable professional development opportunity and ensure the success of the conference for WAFCS – we’ll need your hands to make it all happen! Details on our Annual Meeting, which will be held in conjunction with the conference, will be shared in our next newsletter.

As the 2007 Calendar year winds down and December calendars fill with events and activities, be sure to include some time just for you:
- to reflect on 2007, relishing in the good things that have happened, the blessings received and the lessons learned and
- to plan for 2008, the adventures and opportunities that lie ahead, the goals for the next year and the promises you want to make to yourself.

Have a Happy New Year and take care.
Who is a philanthropist? You are!

If philanthropy is a charitable act or gift which seeks to promote the well-being of all, surely you are all philanthropists! If you've financially supported a favorite organization during your lifetime, you may also want to include it as a beneficiary of your estate. Wise planning gives you a choice of options.

Gift Options

Donations to the WAFCS Foundation or AAFCS are welcome at any time, but here are some planned giving options. In addition to making a bequest in your Will, you can make an organization the beneficiary of a Gift Annuity, Deferred Gift Annuity, Charitable Remainder Trust, Life Insurance Policy, or a Retirement Plan. Certain giving vehicles offer tax advantages now and in the future and can also provide income to you, aging parents, or an organization. IRAs and tax-deferred annuities are particularly good accounts to use for charitable gifts because the charity won’t have to pay income tax on the taxable portion of the distributions. Consult with a qualified professional advisor(s) regarding any gift you’re considering.

The following is sample language: “I give $______ (or ______ percent %) to the Wisconsin Association of Family and Consumer Sciences Foundation, c/o Karen Goebel, Chair, 1821 Camelot Drive, Madison, WI 53705 for its charitable uses and purposes (or for the project of your choice).”

AAFCS Gold Legacy Society

We want to make sure that our members are aware of a new membership category, the Gold Legacy Society for AAFCS 50+ year members. And you might be closer to being a 50-year member than you realize. Until very recently, membership in a university AAFCS-affiliated student organization was not counted in terms of total AAFCS member years. But, a decision was made to allow members to call AAFCS and request that their university AAFCS student membership years be added to their total member years. This is on the honor system as there are no computerized records that go back that far. Call AAFCS at 800-424-8080 and ask to speak with the membership department. You may be up to four years closer to becoming eligible for Gold Legacy Society membership!

If you are a 50-year member, you can start deferring your annual membership dues (effectively becoming a lifetime member) by taking two steps:
1) Make a one-time charitable contribution of a minimum of $1000 to AAFCS.
2) Provide AAFCS with a copy of your will or other planned giving document naming AAFCS as beneficiary of a minimum of $5000.

Then, each year when you receive your dues renewal notice, instead of writing a check, you can just send a current copy of your will or other planned gift document, verifying that AAFCS is still in your estate plan for a minimum of $5000 and your membership will be renewed. It’s a wonderful way of helping AAFCS ensure its future, while recognizing your many years of membership. Fifty-year members are eligible for additional benefits and recognition by joining the Gold Legacy Society. As a Gold Legacy Society member, you will lead the way for others, as you have all along, in keeping the future bright for the Family & Consumer Sciences profession.

AAFCS/WAFCS is a 501 (c) (3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to: WAFCS Foundation & send to: Karen Goebel, Chair • WAFCS Foundation • 1821 Camelot Drive • Madison, WI 53705 • Ph: 608-238-8766 • email – kpgoebel@wisc.edu
Book Review

Bless Your Stress: It Means You’re Still Alive!
Authors: C. Leslie Charles & Mimi Donaldson

Bless Your Stress: It Means You’re Still Alive! is an enjoyable and informative book. Stress is a part of everyone’s life. Many times we have been told to manage our stress, embrace it, control it, release it, harness it, channel it, and transform it, but seldom are we told to bless it. Why use the word “bless” in relationship to stress? A look in the dictionary shows that the words bless and blessing are synonyms for gratitude and happiness. In other words, by blessing your stress, a person establishes a foundation for his/her happiness. Blessing your stress is to acknowledge life’s mixed bag, an openness to all of life’s experiences, and armament for facing up to the challenges. Blessing your stress is a way of refusing to let the little, inconsequential irritations corrode the quality of your days. The more you bless, the more you let go of your stress.

Submitted by Judith Knudsen

Student Unit Fall Conference.

The Stevens Point students have been working very hard over the past couple of months on the WAFCS Student Unit Fall Conference. We had the conference at the beginning of November and you could tell how hard they had worked to put it all together! There were 29 students total in attendance from UW-Madison, UW-Stevens Point, and UW-Stout. Friday night started off with an icebreaker and then we “breathed in positive thoughts and out bad thoughts” during our relaxation session which included message and yoga. We all got to know each other a little better during our Apples to Apples game and the Dum Dum game. After “camping out”, we headed over to the campus and listened to a keynote speaker on adolescent sexuality. We then engaged in sessions on Entertaining, the Food Service Industry, and the Intergenerational Center in Marshfield, WI. When the conference was over, some of us took a field trip to Adventure 212 which is an interactive fitness center that just opened in August. It was really interesting to see how they incorporated exercise and video games into an area for 8-18 year olds called the XRcade. We even got to test out some of the games!!! There was a nice Bistro where we enjoyed lunch before heading back home. Overall, it was a great conference and I would really like to thank all the Stevens Point people that helped put it on...they’re amazing!!!

Amy Turner
UW-Stout
WAFCS Student Unit Chair

Public Policy

Whether we like it or not, we develop public policy by the actions of our lives. There is the old saying “I can’t hear you – Your actions are speaking too loud.” (Author unknown) Last year I talked to our administrator and gave him a WAFCS pen. He said that he didn’t know that there was a professional organization that promoted Family and Consumer Sciences. He said that he had only heard about WAFCE. I told him that the national convention for AAFCS will be held in Milwaukee in June 2008. He encouraged me to promote the professional organization and its collegiality to other Family and Consumer Education teachers.

I personally cherish the professional development that I have received from AAFCS. I always gain new resources to bring back to my classes. The best part of the conference is the Wisconsin state and national friends that I have gained as a result of my membership in AAFCS. They are truly the friends that share the passion that I have for Family and Consumer Education Sciences. Do all of your colleagues know of your membership in AAFCS and WAFCS? Have you ever invited them to join or attend any conferences? Do you have any membership forms to share with your colleagues? Contact WAFCS to receive these forms. I believe that our profession is too valuable to our nation (families, consumers, citizens) to die from lack of interest.

We invite all registered participants to the AAFCS Convention to volunteer some time as a greeter to Milwaukee and a dozen other functions needed to make this convention a success. Contact Jan Felthous at jfelthous@wi.rr.com if you are interested in making this convention a grand success. The Milwaukee convention will kick off the centennial year for AAFCS. Its an exciting time to belong to an organization with such a historic past, and with our help, a dynamic future.

Psst! I’m looking for a little blonde girl who broke into my den, darn near wrecked the place, then ate my porridge besides.
A Reflection from the state affiliate conference:  
Submitted by Donna Dinco

The weekend of October 26-28, 2007 provided an opportunity for me to attend “Strengthening Leadership Skills: AAFCS & Beyond”, the fall leadership workshop for state affiliates. The purpose of the conference was to help me as prepare for my role as WAFCS president. I left Indianapolis with new friendships, opportunities for rich conversation and new ideas; a reflection of my leadership skills, dispositions and attitudes; but most importantly, a transformation in my thinking about AAFCS as a vital organization.

I know it was the positive experience I had from attending my first AHEA conference in Minneapolis, in 1969 that influenced by decision, as a new educator, to become a member of AAFCS (then it was AHEA). I remember attending sessions on home economics content that helped with my lesson plans. Remember all those ‘goodies’ the vendors gave us? I still have the set of ice tea spoons from Nestlé’s and the red Betty Crocker spoon and pattern for making, of course, the Betty Crocker kitchen apron! It was the advent of Nutrasweet, and other technologically savvy new products that we learned about. I was ‘hooked’! I attended national conferences for the next ten years and also attended state conferences. I asked for a substitute teacher only; I would pay my own way, it was just that important to me. Then, life had a way of changing ones priorities; family, babies, school-based leadership, FCE Content Standards, a middle school curriculum framework, PI 34, etc. However, over the past several years, I have made an effort to re-connect to my roots as a professional in AAFCS/WAFCS. I could not have chosen a better time! From 2007-2009 the following opportunities will inspire members to reflect and reconnect and encourage new members to vision how to position our connection (roots, if you will). Leadership certainly is a time for WAFCS members to continue to develop their leadership skills and support traditions of both state and national organizations.

The focus of the conference on Saturday was to deliberate and discuss the feedback from state surveys on membership: specifically recommendations for action, rational, implementation and timelines, and financial and resource implications.

First, each small group was given one section of the feedback to study and then, to sort: is the information a truth, a trend, or unique. I found this strategy to be very effective, relevant and fun.

What we discovered to be truths:
• AAFCS has an aging membership population; a large portion of members in the age range of 41-80 years
• State affiliates and AAFCS struggle to find members willing to accept leadership positions
• Regardless of techniques, membership is not increasing
• Membership is expensive for new graduates; member benefits not realized.

What are the trends:
• Encouraging younger members to grow into long term members
• Need for accurate and up-to-date membership list
• Examination of number and types of member services
• Development and implementation of Public Policy Deliberation Guides

What are some unique ideas?
• Provide a monthly ‘payment’ option for AAFCS dues
• Provide AAFCS membership brochures in every mailing
• Recognize retirees; have a past presidents, retiree column
• Through member listserv, send out AAFCS membership challenge, give a free registration to the annual conference or other incentives for attending the annual conference.
• Special first year, half price membership to new members and/or to persons in areas related to FCS (i.e. health, finance professionals)
• Greater involvement with FCCLA advisors.

Next, we participated in six rounds, knee-to-knee, face-to-face to brainstorm ideas to questions, such as, “What techniques are you using to increase membership and member engagement”? To conclude the activity, each group organized their information into a skit. The format could be a news report, weather report, traffic report, sports report or farm report. Hands down the farm report ‘won’!

Since the conference I have realized that to continue to build a strong foundation for the organization takes teamwork, a focus on the positive, and a vision for building leadership capacity that supports a professional connection (roots, if you will). Leadership often requires a professional stance that recognizes and attests to an organization’s past-present-future. I want to acknowledge that AAFCS is 7,000 professional members strong, has a history of providing support and leadership for family and consumer sciences professionals since 1909, and is an organization positioning itself, through strategic planning and restructurering to be vital for the next 100 years! Now, that is something to be proud of .... Do I wear my ‘proud’ well? How about you?
In an effort to connect with our enthusiastic and hard working new professionals, we will be featuring one member who is just starting his/her career in each issue of the WAFCS newsletter. This month’s interview questions were answered by Crystal Bradwell, a 2007 graduate of the University of Wisconsin-Stout K-12 Family and Consumer Sciences Education program.

Tiffani: Congratulations on your first teaching job! Tell us a little bit about your new adventure.

Crystal: I am at Sevastopol High School. I am in a single department program. Sevastopol is just outside the city limits of scenic Sturgeon Bay, Wisconsin. The school district is 131 square miles stretching from Green Bay to Lake Michigan. There are 240 students in the high school. The school has a small-town atmosphere with the convenience of Sturgeon Bay just ten miles away.

Tiffani: How did you make the transition from school at UW-Stout to your first job at Sevastopol High School?

Crystal: I graduated in January, and I was able to sub for a semester before accepting a full-time job. It was a great experience for me because I was able to practice and apply my classroom management style before I wrote my classroom rules. Otherwise the actual transition into the classroom was quite easy for me. I am at a very small school where there are about 240 students in the high school. The teachers are very nice, welcoming, and willing to help.

Tiffani: What interview tips worked for you?

Crystal: I did not pass my portfolio around. As different topics arose, I pulled a lesson plan or picture out of my portfolio that fit the topic we were discussing. The interviewers spent less time flipping through random lesson plans and more time talking with me. It also helped me to highlight my strengths and point out specifically why I had that artifact in my portfolio.

Tiffani: What is your schedule like on a daily basis?

Crystal: I have an eight-period day with 45-minute classes. I teach Human Relations, two sections of Foods 1, Clothing 1 and 2 (at the same time), FACE 7, and Housing.

Tiffani: What are your future goals?

Crystal: Right now, my future goal is to finish my first year of teaching and decide if I want to continue my education by pursuing my Master’s degree or earning a minor.

Tiffani: Who has been a mentor or source of inspiration for you?

Crystal: A source of inspiration for me has been colleagues across the state who show their love and passion for the profession.

Tiffani: What is your favorite part of your job? Least favorite?

Crystal: My favorite part of my job is working with students who are willing and excited to learn and try new experiences. My least favorite part of the job is correcting the work they turn in.

Tiffani: What is your favorite part of your job? Least favorite?

Crystal: My favorite part of my job is working with students who are willing and excited to learn and try new experiences. My least favorite part of the job is correcting the work they turn in.

Tiffani: Why do you continue to maintain your AAFCS/WAFCS membership?

Crystal: I continue my membership with this organization because there are a lot of wonderful professionals who are willing to help and support new teachers. It is also a wonderful place to meet new people and connect with colleagues who know what it is like to teach in a FACE classroom. It also helps keep me up-to-date with all of the new advancements in the industry so I can make my curriculum current and relevant for my students.
Tour A: See the Great Wall of China in Wisconsin

Explore 36,000 square feet of dynamic design concepts for the kitchen and the bath at the world famous Kohler Design Center. You will start the day with an abbreviated tour of the production factory where porcelain products are made. Then on to the design center which serves as a resource to thousands of architects, builders, designers and consumers as they plan for family housing needs. In addition to the latest in kitchen, bath and furniture all done in room settings, you will have an opportunity to learn of the history and diversity of the Kohler Corporation and also view art work in ceramics, cast iron, and brass. That Great Wall of China can be found in the Design Center. Lunch will be in The Wisconsin Room of The American Club, the only 5 star resort and restaurant in Wisconsin, also featured on the National Register of Historic Places. You will have a served lunch and as time permits, an opportunity to stroll their wonderful gardens and gift shop. After lunch we will visit Waelderhaus, a German designed “house in the woods” that was built as a replica of the Kohler ancestral home in Austria. On our way back to Milwaukee, we will also make a stop at the John Michael Kohler Arts Center in Sheboygan where the bathrooms are a “must see” as you tour this modern Art Center. COMFORTABLE, CLOSED-TOE AND HEEL WALKING SHOES ARE A MUST.

Cost: $75  
PDU’S: 6 — Time frame: 8:45 am to 5:00 pm

Tour B: Visit the Broadway Connection to Wisconsin

Ten Chimneys Estate is a gem of the Midwest. Well known Broadway performers, Alfred Lunt and Lynn Fontanne, established this get-away in the little town of Genesee Depot. Each room of the elegant three-story, 18- room main house is crafted as if it were a stage with historic furnishings, hand painted murals, personal décor, tender mementos and diverse collections still intact and unchanged since the 1920s and 1930s. Visit the guest bedrooms of such famous guests as Noel Coward, Katherine Hepburn, Helen Hayes, Eleanor Roosevelt and Laurence Olivier. Rumor has it that Lynn’s couture gowns, sewn by her, will be on display beginning in May of 2008. This tour includes lunch at Ten Chimneys and time to explore the nearby historic downtown district of Delafield, home of the Lang Folk Art Company.

Cost: $75  
PDU’S: 3 — Time frame: 8:15 am to 3:15 pm

Tour C: Food Production in America’s Dairyland and NASCO

This tour showcases three southeast Wisconsin businesses. Crave Brothers Dairy and Crave Brothers Farmstead Cheese in Waterloo have received international awards for their family farm management, energy-saving and earth-friendly technologies and tasty artisan cheeses. On the way to the farm we’ll discuss how food producers in Wisconsin are adapting their practices to meet consumer demand. After a tour of the farm and cheese factory you will have demonstrations and lunch in the cheese plant’s tasting kitchen. Following lunch we’re off to Fort Atkinson to Nasco International, where they offer 30 mail order catalogs with more than 65,000 products for consumers, educators, nutritionists, health care providers, researchers, agriculturists, and more. Enjoy the tour, see a demonstration, and browse the Nasco outlet store’s large selection of arts and crafts and FCS products. A quick stop at the Hoard Historical Museum will show local pioneer history and explain how Wisconsin became America’s Dairyland.

Cost: $75  
PDU’S: — Time frame: 8:00 am to 5:30 pm

Tour D: Lake Geneva - A Glimpse at Wisconsin History and International Cuisine

This all-encompassing tour captures the history of the Walworth County area. Tour stops include Kikkoman Foods, Geneva Lake Cruise Line, and Lake Geneva Museum of History as well as time for shopping. Japanese owned Kikkoman Foods believes in “Flavors That Bring People Together,” and the company is devoted to promoting international cultural exchange. During the one-hour tour, you will explore the processing portion of the world’s largest soy sauce plant. Relax on a Geneva Lake Mansions Tour of historic homes via boat with lunch served on the boat. The Lake Geneva Museum of History was founded in 1983. Museum attractions include farm implements, assortment of businesses essential to the family, home life in the late 1800’s, and a Marine gallery. No visit to Lake Geneva would be complete without time to explore the shopping of downtown Lake Geneva. Art galleries, confections, dining, fashion, gourmet food and wine, and jewelry await you as you stroll through downtown Lake Geneva.

Cost: $75  
PDU’S: — Time frame: 8:30 am to 5:30 pm

Tour E: Clothing and Textile Excursion

Begin your day with a trip to Nancy’s Notions in Beaver Dam. Nancy Zieman began her career at her kitchen table and has built her passion into a multimillion-dollar business that includes her TV show, “Sewing with Nancy.” Experts at Nancy’s Notions will share the current trends in the industry and answer any questions as you browse through rooms of beautiful fabrics and notions. Lunch will be served during this part of the tour. Wouldn’t it be great to see Nancy? Our tour continues with a stop at Olympus Flag & Banner in north Milwaukee where you will see state of the art printing, construction and finishing abilities. Olympus is the largest producer of mascot costumes in the U.S. and their printing capabilities allow them to make unique, out-of-the-box projects of all kinds. Then on to Canvasbacks for a tour of the design studio, construction department, and the retail store that feature Betsy Horsfield’s latest clothing collection designed for ‘the confident woman who wants to have a little fun.’

Cost: $75  
PDU’S: 4 — Time frame: 7:30 am to 5:30 pm

Tour F: Food and Beverage Culinary Tour

Have you ever wondered how they can serve prime rib done to perfection, juicy, pink and flavorful?? Start your day at Alto-Shaam which was incorporated in 1955 by Jerry Maahs who after 13 years in the restaurant industry focused on the development of food service equipment which uses a patented process called HALO-HEAT. The HALO HEAT method is achieved with a thermostatic controlled, low density thermal cable, wrapped throughout the walls of the cooking or holding cavity. This principle of uniform heat distribution is applied, to the greatest extent possible, in a complete line of specialty ovens and serving equipment. Alto-Shaam manufactures HALO HEAT Low-Temperature Cooking, Holding, and Serving Equipment for hotels, restaurants, institutions and supermarkets. Come for an amazing tour of their company to learn how this process works. A chef demonstration by their 2 executive chefs will include ample tasting as they show us how their equipment cooks meats, fish vegetables and more.

Continue your day with a stop at the famous Miller Brewery where you will see how beer is made- the chemistry- and watch the full operation followed with tasting — be sure to have your ID
Did you Know?

“The purpose is not to review history but rather to provide a setting for a long look ahead, to give encouragement and impetus to the search for improvements, new knowledge, and new directions. If the past helps to interpret the present and future, it is essential to examine some of the important steps that the Association has taken in order that future programs may be placed in proper perspective.”

Frances Zuill, former AHEA president.

This quote was excerpted from Miss Zuill’s keynote address at AHEA’s 50th anniversary celebration.

Taken from the November 2007 of The FACS and submitted by Genevieve A. (Jenny) Schroeder, Ph.D., CFCS, Member of the AAFCS Centennial Committee.

Can you Guess the WAFCS Question?

Answer: 200 by July 1, 2008

Karen Goebel at AAFCS Archives Grand Opening on October 10, 2007 in Ithaca, New York
What Was Home Economics?

From: http://rmc.library.cornell.edu/homeEc/

Canning peaches. Sewing a dress. Making perfect gravy. These are familiar images of home economics, but do they tell the whole story? So often home economics has been cast as a “conspiracy to keep women in the kitchen,” an interpretation that has overlooked its impressive and diverse contributions. New scholarship in American women’s history suggests that home economics was a progressive field that brought science to the farm home and women into higher education and leadership positions in public education, academia, government and industry.

At the turn of the 20th century, home economics was a critical pathway into higher education for American women, largely associated with co-educational land grant institutions such as Cornell. From its inception, collegiate home economics was multidisciplinary and integrative with an emphasis on science applied to the real world of the home, families and communities.

In the early decades of the 20th century, home economists had links to the revitalization of agriculture and rural communities, but also to Progressive Era programs in cities. By the 1920s, home economists at Cornell were best known for research in human nutrition and child development, but their work in fields such as fiber science, design and consumer economics made them central to the growth of the consumer economy as well. Throughout the first half of the twentieth century, collegiate programs prepared thousands of women for public school teaching but many also had careers in the extension service, state and federal governments, industry, hospitals, restaurants and hotels. But by the late 1950s and the early 1960s, broad changes in American women’s economics and social roles made collegiate education in home economics seem “old fashioned,” an image that did not do justice to its rich history.

Was Home Economics A Profession?

Just like the other feminized service professions -- teaching, nursing, social work, and librarianship -- home economics struggled to establish a professional identity. In a series of conferences held at Lake Placid between 1899 and 1909, home economists defined the nature of their field, debated what to call themselves, and founded their first professional association and research journal. In 1909, the American Home Economics Association (AHEA) was formally organized with the aim of improving “living conditions in the home, the institutional household, and the community.” Home economists then developed their own credentials and began to earn advanced degrees in the field.

WANTED:

WAFCS members or past members who attended the 1959 AHEA Conference in Milwaukee. Please let Chris Kniep or Priscilla Bondhus know if you attended the meeting!

The WAFCS Question is:
What is our membership goal for this year.
WHAT’S NEW?
AAFCS Pre-Professional Credentialing

AAFCS has recently announced a new initiative to develop Family and Consumer Sciences Pre-Professional Competency Assessments and Industry-Recognized Credentials for K-12 FCS careers and programs of study.

What does that mean? Like the professional credentialing (CFCS), it is a new program to develop and administer quality competency assessments and industry-recognized credentials for pre-professionals (K-12) in family and consumer sciences careers and programs of study. It will provide K-12 students an assessment of FCS competencies and/or individual credentialing in nine areas of study.

This initiative
• utilizes information from the National Standards for Family and Consumer Sciences Education and from the National Career Clusters initiative
• recognizes the growing emphasis on assessment and accountability in secondary and post-secondary education,
• recognizes requirements of Carl Perkins funding for Career and Technical Education.

AAFCS believes it is important to support the pre-professional level of family and consumer sciences career areas and programs of study. Therefore, AAFCS will assume the major responsibility for providing staff, infrastructure, and the resources needed to support the development of each competency assessment and corresponding industry-recognized credentials.

The following schedule set guidelines for the project development and implementation:

◆ Fall, 2007 – Spring, 2008………………Develop/launch first assessment/credentials
◆ Spring, 2008 – Fall, 2008………………Develop/launch assessments/credentials 2 & 3
◆ Summer, 2008 – Winter, 2009…………Develop/launch assessments/credentials 4, 5, & 6
◆ Fall, 2008 – Spring, 2009………………Develop/launch assessments/credentials 7, 8, & 9

It is the goal of the project to target the development of the assessments considering the nine general career areas below:

❖ Broad Field Family and Consumer Sciences
❖ Nutrition and Food Science
❖ Financial Literacy and Security
❖ Customer Service
❖ Family Services
❖ Housing and Interior Design
❖ Fashion, Textiles and Apparel
❖ Early Childhood Education
❖ Education Careers

This initiative should link closely with the development and implementation of the Career Clusters Pathways effort in Wisconsin. In addition, it should provide support, visibility and accountability by recognizing student achievement in FCS careers and programs of study at both the local and state level.

Continue to check the new pre-professional credentialing link on the AAFCS web site for new information.
Let’s Kick Off Our 2008 Membership Drive!

GOAL = 200 ACTIVE MEMBERS BY JUNE 2008

With the 2008 AAFCS National Conference just around the corner, we need to boost the membership level of WAFCS in order to represent our state affiliate with pride. The WAFCS Council has set a goal of 200 active members on our roll. We currently have 172 members. The national conference will require hours of volunteer labor, but many hands make light work!

The holidays are a great time to give a one-year “gift membership” to a friend or co-worker. Only $135 buys a year’s worth of professional networking, publications, and national advocacy for family and consumer sciences.

Make plans now to attend the AAFCS National Conference in Milwaukee June 19-22, 2008. Recruit a friend or co-worker to join you! Check into professional development funding from your school. Perkins dollars can be used for this purpose.

Contact Tiffani Calmes, Membership Chair, at 715-821-7950 (cell) or calme004@umn.edu or calmest@ellsworth.k12.wi.us to request AAFCS membership brochures or discuss membership concerns.
Dates to Remember

January 26, 2008
Council Meeting

February 15th, 2008
Newsletter Deadline

March 8, 2008
Council Meeting

April 1, 2008
Newsletter Deadline

June 18 – 22, 2008
AAFCS 99th Annual Conference
Hilton Milwaukee City Center
Milwaukee, WI

In This Issue

WAFCS Awards ............ 1

President’s Page ............ 2

Foundation Page ............ 3

Conference Highlights ....4-6

P/GS Section ............ 7-9

Conference in Pictures .... 10-11