Kim Hart Shatswell (shown with Dottie Winger, right) 2009 New Achiever

Kimberly Hart Shatswell was selected as the 2009 recipient of the Wisconsin Association of Family and Consumer Sciences New Achiever Award. Nominees for this award must have been in the field of Family and Consumer Sciences for eight years or have demonstrated significant accomplishments in professional organizations.

Ms. Hart's employment, volunteer work and dedication to WAFCS are proof of her success as a new Family and Consumer Sciences teacher in the midst of a promising career. She is a deserving recipient of this recognition, having begun her service as a student officer at UW Stout in 2003, a presenter at the state and national level, volunteer at state and national conferences, and continuing with her role as Regional President. She completed her first year of teaching at Bigfoot High School and is in her second year at Jefferson High School.

She graduated with a double major in history and humanities from UW-Madison in 1997, then in 2005 earned an FCS education degree at UW-Stout with a double minor in Health and Human Development. She has shown commitment and enthusiasm as a teacher, volunteer, assistant coach to the swim team, costume designer, and service club advisor. We congratulate her.

Please take a moment to share your excitement for Ms. Hart Shatswell's recent honors. She is not eligible to enter the national competition for New Achiever in 2010.

Submitted by Dottie Winger

Awards and Passion at 2009 WAFCS Conference

One Life's Journey: Bringing passion and experience to the profession

(Stevens Point) Dr. Amie Lapp Payne, Deputy Director of Washington State Department of Early Learning was the Keynote Speaker for the 2009 WAFCS Annual Conference. Her inspirational presentation included a walk down her career path and personal life and how she has used those experiences to enrich the work she does with children and families. As she wove the story together she used storytelling and examples of real life experiences. She shared her passion and beliefs in the work she does to make life better for children and their families.

One of her key points was that we need to have a willingness to change as professionals. We know that people, places, culture and history is continually changing and with that change we need to develop new approaches and outreach to work with families at the level they are at. One of her initial questions was, “How do we know where we’re headed if we don’t know where we’ve been?”

Dr. Lapp Payne encouraged Family and Consumer Science professionals to stick to our certainties, to keep our child and family focus as our main emphasis. We can learn from others and review what has worked before and what is working now and explore what we might need to do in the future. Her personal story of how she built her skills sets from working directly with children, to working with families and then directing an agency gave the audience an insight into the importance of building relationships with the many different people we work with. As we move into administrative roles, it is still important to be in touch with children and families as much as possible so that we can address the issues and concerns in a way that will have meaning to our main focus.

The WIIFM factor – “What’s in it for me?” is important when we address issues with families. We should know what people care about, and how we can communicate with the individuals that can make those changes. The more we work with people, the more complicated life can become, but it is up to the professionals to help families connect the dots to make important changes for families and connect them with the resources they may need.

In the end, we all need to ask ourselves what the challenge truly is. Dr. Lapp Payne provided us with some important questions for us to use in setting our priorities:

1. Why do we do things the way we do them now?
2. Is it still working? If not, why not?
3. What else might work better instead?
4. What is YOUR unique contribution?
5. Whose responsibility is it to bring the ideas forward?

Dr. Lapp Payne provided a great launch for us to contemplate and tools to use as we look to our future contributions as professionals in the field of Family and Consumer Sciences.

Submitted by Karen Dickrell

Priscilla Bondhus’ Leader Award featured on page 6.
Message from The President

“Celebrate the Past – Imagine the Future” - what a wonderful theme for the WAFCS annual conference, March 27-28, 2009, in Stevens Point, WI. Just the right mix of

• Celebrating the Past – conference participants were renewed by the DVD presentation, The Life of Ellen Swallow Richards and sessions such as A Glimpse of How Women’s Roles Have Changed: Aprons Through the Years and AAFCS Journal Snapshot: The Last 100 Years; Friday evening ended with birthday cake and “Happy Birthday” to us as a symbolic celebration of 100 years of AAFCS history.

• Sustainability – issues addressing social, economic and environmental concerns were woven throughout the conference sessions, with a focus on family and consumer choices, Building Green for the Elderly and a tour of the Midwestern Renewable Energy Institute. To reduce use of paper, presentations were put on flash drives for future reference and an opportunity to register and pay for the conference on line were options. The completion of the ‘pink’ breast cancer quilt – a special thank you to Bev Braun who artfully combined the squares that members created or embroidered – a way to sustain the memory of those who have or are ‘walking this path’.

• Imagine the Future – diverse families, technology, changing family relationships and the dynamics of each generation’s belief systems, to the 21st century classrooms, including rigor and relevance in the middle school, health occupations and Gateway to STEM as interdisciplinary FCE courses, career cluster discussions, working with adolescents and financial literacy.

I have reflected often on Dr. Aimee Lapp-Payne’s message of sustaining and recreating ourselves. It has reaffirmed what is important in my career and that is best for

PRESIDENT’S PAGE

Regional Presidents

Region 1...........................................Stephanie Love
Region 2...........................................Carol Subera
Region 3.........................................Open
Region 4.........................................Open
Region 5.......................................Kim Hart-Shatwell
Region 6.........................................Open

Professional Section Chairs

College and University..................Diane Klemme, CFCS
El/Sec/Adult Ed.........................Jeanne Schwass-Long, CFCS
Extension........................................Karen Dickrell, CFCS
Human Services..........................Ruth Gibrowski, CFCS
Business........................................Open
Home & Community.....................June Luett, CFCS
Research........................................Donna Dinco

Division Chairs

International............................Mary Crave, CFCS
Art & Design.............................Bev Braun
Family Econ & Res Mgmt.............Mary Kennedy, CFCS
Family Rel & Human Development....Vera Riley, CFCS
Nut/Health/Food Management.........Barbara George
Housing and Environment............Open
Education & Technology.............Open
Communication............................Judith Knudsen, CFCS
Representative to IFHE....................Mary Crave, CFCS

WAFCS Foundation Board

Foundation Chair.........................Karen Goebel, CFCS
Members at Large.......................Vera Riley, CFCS
..............................................Jean Zeithamel, CFCS

Award Chairs

Leaders Award.........................Carolyn Barnhart, CFCS
Teacher of the Year Award............Donna Dinco, CFCS
New Achievers Award.................Dottie Winger, CFCS

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2008-2009

President........................................Donna Dinco, CFCS
President Elect.............................Judith Knudsen, CFCS
Secretary......................................Karen Dickrell, CFCS
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Student Development Chair............Arlene Welcher, CFCS
Membership Chair.......................Tiffani Calmes, CFCS
Executive Director......................Priscilla Bondhus
The WAFCS Annual Conference is an outstanding combination of fundraising on behalf of the Foundation and awarding Foundation funds. Once again, the Silent Auction—the Foundation’s primary fundraising activity—was a success. Thanks to all of those who donated items and to those who “bid high and bid often” to raise $2371 for the Foundation! A special thank-you to Priscilla Bondhus for the donation of two one-week timeshare vacations which raised $700. Thanks to those who helped with the auction, especially Jean Zeithaml and Carol Subera, and to Karen Goebel (in her creative outfits!) encouraging everyone to “bid high and bid often!”

Student Scholarship/Travelships
Student Unit members were supported by the Foundation via a $500 scholarship and five travelships to promote WAFCS Annual Conference attendance. Congratulations to 2009 WAFCS Foundation Scholarship winner, Kayla Slaasted of UW–Madison.

Many thanks to the scholarship selection committee, also. Travelships of up to $100 each were awarded to Beatrice Hadidian-Baugher, Mehgan Myles, and Kayla Slaasted of UW–Madison and to Laura Arndt and Kristin Thum of UW–Stout.

Travelships for Professional Award Winners
The Foundation honors WAFCS Award winners by offering $300 travelships to support their attendance at the AAFCS Annual Conference. Eligible for travelships this year are Susan Turgeson (2008 WAFCS Teacher of the Year) and Jennie Paulson Marx (2008 WAFCS New Achiever Award).

Professional Project/Research Grant
The Foundation was delighted to receive four outstanding applications for the very first $1000 Professional Project/Research Grant and thanks the five people who reviewed the applications. It was awarded to Mary Kaye Merwin and Virginia Hall for their project proposal to develop and implement child-centered learning kits to be used with Hispanic elementary school-age children and their families. The project will be implemented in the Delavan-Darien School District in Walworth County, which has a 38.2% Hispanic population, and could be replicated elsewhere. The kits will focus on consumer and family living skills. We look forward to hearing the results of the project!

Recent Donations
The Foundation thanks Rita Houser and Joann Goodlaxson for their recent donations. Mary Kaye Merwin and Virginia Hall honored Barbara George with donations in recognition of her Rock County YWCA “Women of Distinction” Award. Carol Anderson and Janet Powell made donations in memory of Barbara George’s husband, Paul George. Mary Braucht made a donation in honor of her mother, Ellen C. Whitmore, who has been a home economist for 55 years. THANK YOU to all donors!
Priscilla Bondhus wins the Leader Award and is presented with a special Candy-bar Bouquet.

Flat Ellen was one of the 154 attendees at the Wisconsin Association of Family and Consumer Sciences Conference held at the U-W Steven Point, March 26-28. Ellen patiently posed with many including Kayla Slaasted and Priscilla Bondhus who represent a span of fifty years. Kayla is a student at the U-W – Madison and Priscilla presently serves as the executive director of the Wisconsin affiliate. For info about the Wisconsin affiliate visit, www.wafcs.org.

Keynoter Presents

Mingling at the Conference

Student Council
WAFCS Membership Update

Submitted by Tiff Calmes, WAFCS Membership Chair

Our current WAFCS membership total is 184. Please reach out to friends and co-workers with information about our organization. We would love to be 200+ family and consumer sciences professionals and students “bringing people together to improve the lives of individuals, families, and communities!”

If you have moved, changed names, or have not received anything from WAFCS/AAFCS in a long time, please check the accuracy of your member information by following the steps noted below:

Steps to update member information
1. Log on to www.aafcs.org.
2. Enter username (e-mail address on file at AAFCS).
3. Enter password (AAFCS membership number).
4. Under “Quick Links,” click on “Manage Profile.”
5. Click “Edit.”
6. You can now edit your “Primary Information” or “Supplementary Information” as needed.
7. Be sure to click “Accept” after all changes.

If you do not have an e-mail address or access to the internet, please call AAFCS headquarters (1-800-424-8080) to update your information.

Change in Women’s Roles

“A Glimpse of How Women’s Roles Have Changed: Aprons Through the Years” provided a look at how women’s roles in the kitchen have changed through the years. In the late 1800’s, cooking schools sponsored by the State of Wisconsin as part of the traveling Farmer’s Institute taught women how to use standard measurements, and brought culinary modernity to the state. Fannie Farmer introduced the Fannie Farmer Boston Cooking School Cookbook in 1896.

Ellen Swallow Richards launched a series of conferences of people working for “the betterment of the home”.

The early decades of the twentieth century focused on kitchen modernization. Women of this time period patterned their work in the kitchen on the masculine model, the chemist in the laboratory. During the Great Depression, scientific kitchens had little relevance in dealing with the hard times. Many people avoided hunger only because women exercised frugality and ingenuity. When the nation entered World War II, the command of the kitchen became a part of the campaign to win the war. Following the war, many new recipes were introduced including three bean salad, tuna-noodle casserole, and fanciful structures based on Jell-O. The role of women at this time was to please their husband, children and friends.

During the 1960’s, a number of individuals who were children in the 1950’s questioned and/or rejected the prevailing notion of family and traditional standards of social behavior. Women began to enter the workforce. By 1980, nearly 60 percent of women worked outside the home. Although the work in the kitchen has become less gendered as men reach for a cookbook, research shows that in most households, women still bear the responsibility for daily food preparation.

Submitted by Judith Knudsen

Thailand Project Write-up

UW-Stevens Point student, Joseph Quinnell, presented a moving and emotional presentation regarding his efforts to aid undocumented Thai women. The Thailand Project’s goal is to provide two 19-year-old women, Srinuan Saokhamnuan and Fongtip Boonsri, with an education so they can return to Thailand to fight the rampant sex trade as well as the Thai’s government unwillingness to acknowledge some individuals living in Thailand.

Joseph shared with the group his very vivid photographs of the hopeful experiences at a school that provides free education for at-risk Thai children. UW-Stevens Point has an international experience that provides students the opportunity to travel to Thailand and interact with the children. The school was created through the efforts of Sompop Jantraka, a two-time nominee for the Nobel Peace Prize. Joseph’s photographs also provided the participants a glimpse of the very dark side of human trafficking and the sex trade in Thailand.

Joseph chronicled his efforts and struggles in fundraising and government red tape through the process of getting these two young women to UW-Stevens Point. The Project currently hinges on raising additional funds. To learn more about the Project and provide support visit www.TheThailandProject.org

Submitted by Michelle Mohelnitzky
Family and Consumer Sciences:
Empowering Individuals, Strengthening Families and Enabling Communities

“The prosperity of a nation depends upon the health and the morals of its citizens’ and the health and the morals of a people depend mainly upon the food they eat and the homes they live in.” Ellen H. Richards

Program History:
- The discipline of Family and Consumer Sciences (FCS), formerly Home Economics, was created in 1889 by Ellen H. Richards, first woman graduate of M.I.T. and founder of the American Association of Family & Consumer Sciences (AAFCS).
- More than 37,000 Family and Consumer Sciences middle and high school educators, who possess Bachelor’s, Master’s and Doctorate degrees, reach over 5 million students nationwide.
- FCS is also taught in Asia, Africa, Europe, South America, Central America, and Canada.

Program Description:
- The FCS curriculum is based on the National Standards for FCS Education, which integrate math, science, English, and social studies, and build communication, critical thinking, and problem solving skills.
- Classes are research-based and taught in preschool through college in order to prepare students with the skills to be productive as individuals, parents, and members of a family, the community, and workforce.
- Subject areas include nutrition, personal finance, child development, career exploration, human relations, and more.

FCS Classes:
- Already exist with facilities and trained staff in many school districts.
- Are contextual—Students understand WHY they have to learn something. Lessons apply to everyday life.
- Are hands-on—Students learn by doing, resulting in a higher retention of subject matter.
- Include high levels of interaction with the community, utilizing low- or no-cost methods, such as service learning, career development internships, and cross-age teaching. For example, high school students enhance their literacy skills and those of the preschool and elementary children to whom they present lessons and stories.
- Develop school-to-career transition skills and reinforce the SCANS competencies.
- Utilize cutting-edge methods, such as the use of cooperative learning and portfolio assessment.
- Include exposure to and application of new technology.
- Improve pupil-teacher interaction and trust.
- Increase student confidence and social and emotional intelligence.
- Required in some U.S. states and certain countries, including Waveland, Indiana; Tokyo, Japan; and Kenya, Africa.

Evaluation results show a high rate of success and transferable skills.
- General data is usually available at local and state departments of education.
- Individual teachers evaluate on a yearly basis by utilizing standards, rubrics, portfolios, reflection, observations, skill demonstrations, and summative and formative evaluations by parents, peers, and self.
- FCS Teachers of the Year report annually on the highly positive impact of their classes.
- Research is currently underway to determine the specific long-term impact of these courses.
- Parents say they wish they’d had a class like that when they were in school!

National and Local Awards/ Honors:
- Teachers receive numerous prestigious awards for their programs, such as State and National Teacher of the Year, AAFCS Teacher of the Year, AAFCS Leader and New Achiever, Association of Career and Technical Education (ACTE) Teacher of the Year, Disney Outstanding Teacher Awards, Milken Awards, Teacher’s Hall of Fame, and countless state and federal grants, such as Carl Perkins and Learn and Serve.
- FCS teachers are often recognized by local groups, including school boards, Chambers of Commerce, and Civic and not-for-profit organizations, and chosen as speakers, textbook authors, and reviewers.
- In addition to state teacher licensure, many FCS teachers achieve the national Certified in Family & Consumer Sciences (CFCS) credential.

Everyone Needs the FACS of LIFE!
Marilyn Swierk, AAFCS President Elect 2008-09

For more information, please contact Gwynn Mason, AAFCS Senior Communications Manager, at gmason@aafcs.org or visit www.aafcs.org.

Get Connected with WAFCS on FACEBOOK!
www.facebook.com

Who: WAFCS Students, New Professionals, and Anyone Interested in Staying Connected
What: A WAFCS group is now up and running on FACEBOOK, the social networking site that connects millions of friends and family members around the world.
When: The group is currently open to anyone and all interested members. You must have a FACEBOOK account in order to join the WAFCS group, but setting up an account is free and easy.
Where: FACEBOOK www.facebook.com
Why: We would love to be more connected with our students and new professionals, so we are hoping FACEBOOK might be a better way to keep in touch.
Contact: If you have any questions or difficulties joining the WAFCS group on FACEBOOK, please contact Tiff Calmes, WAFCS Membership Chair, at calmes004@umn.edu or 715-821-7950.
New Student Development Chair

Crystal Bradwell is our new Student Development Chair. Crystal is a 2007 graduate from UW-Stout and is teaching Family and Consumer Sciences at Saint Croix Central in Hammond, WI. Crystal served as a state officer in the position of Second Vice Chair during the 2005 school year. She recently became engaged to Joshua Bell and is busy planning their August 15th wedding.

WAFCS Student Unit Thanks You!
The WAFCS Student Unit Service Project with the Boys and Girls Club of Portage County was a BIG success. We had approximately 45 children participate along with 20 WAFCS student members. The kids had a fun filled night playing games with our student members and sitting down to eat dinner with our volunteers. We provided fruit, subs, pretzels along with milk and juice for dinner. Our left over sub sandwiches were donated and dropped off at the Salvation Army on the way home. After the playing and dinner, we then had a raffle drawing for ALL the wonderful donations received by our professionals. Each child was able to walk away from the evening with a big smile and a prize in hand. A big THANK YOU is in order to go out to all our professionals who donated items for our evening with the children of the Boys and Girls Club. It was an overwhelming experience to see the generosity of our professionals come together for a great cause. Without the support from our professionals and our student member volunteers who made the night a success, the event wouldn’t have been possible.

WAFCS

I would first like to say it was such a pleasure to meet so many of you at the 2009 State Conference in Stevens Point. Being recognized as the youngest attendee, I was so grateful to be welcomed into the organization from professionals in the field. Now I feel a deeper sense of connection to WAFCS and I’m looking forward to the year when I represent the Student Unit as the Intercampus Relations Chair. I also want to say thank you so much for awarding me the 2009 WAFCS Scholarship. This will help finance my undergraduate studies at the University of Wisconsin-Madison and further encourage my dedication to the field of Family and Consumer Sciences!

Kayla Slaasted

See You in Knoxville!

by Janet Powell,
Chair, AAFCS Annual Conference Committee

The June AAFCS conference in Knoxville is quickly approaching. Why should you attend?

• Celebrate 100 years of our organization! (We won’t be around to celebrate 200 years!)

(Reunions, memory photos, beautiful centennial keepsake; record your remarkable FCS memories, kick off the next 100 years)

• Become informed on a range of sustainability issues through keynote presentations and educational sessions

(Doris Christopher has amazing information about family resiliency and sustainability, AAFCS Leaders address the future sustainability of our profession, Soap and Detergent Assoc. sponsored speakers inform consumers about sustainability in the marketplace. Excellent educational sessions reflect sustainable issues)

• Network with attendees from across the US and internationally

(As chair of the ACC, I have met so many wonderful individuals through email and conference calls and can’t wait to meet them in person!)

You should know by now, you can travel by bus to the conference with your WI friends. Check out www.aafcs.org for all the latest information about the June conference. AAFCS also has a conference blog. The link to it is on the AAFCS website. It is something new we are trying. Check it out and send me a message. If I can answer any questions for you or be of help in anyway, please get in touch with me, either on the blog or at janetmpowell@sbcglobal.net or 608-271-0776.

Knoxville, here we come!

2009 Student Unit Officers

The new 2009 Student Unit Officers are pictured above: Secretary Danielle Dreher from UW-Stevens Point, First Vice Chair Raechel De Chenne from UW-Stevens Point, Intercampus Relations Kayla Slaasted from UW-Madison, 2nd Vice Chair Ashley Sailer from UW-Stout. Not Pictured Ashley Hall from UW-Stout was nominated for Chair.
WAFCS 2009: A Tipping Point

Before considering how well we did, we need to know where we’ve been. About 6 years ago I attended my first WAFCS conference. There were between 100-120 people there, including about a dozen students. Each year after that there were more and more students in attendance, with fewer professionals, still totaling right around 100 attendees such that at the last WAFCS conference in 2007 we had around 40 students and 60 professionals. The trend for students was very positive, while the trend for professionals was discouraging. HOWEVER, this year, at WAFCS 2009, we had 153 attendees, with about 50 students…. It Worked!!! What was it that worked?

Student Recruiting

We often say that students are the “future of our profession.” The challenge is, they just don’t know that yet. So, they need to be reminded. From their first advising session when they declare the major, in class, and multiple emails and opportunities after, they need to be “reminded” if not “strongly encouraged” to become members of their profession, and attend, and participate. They need to hear it from their peers, and stories of their peers success. As one student told me “no offense, but we need to hear it for someone our own age Dr. Wall.” And as another told me, “we don’t go exercise, shop, or out anywhere by ourselves, so we need friends to do this with.” Working with an energized core who has been there, and done that, is highly effective for motivating students who have never been there, done that, or even heard of it.

So, how well does this work? It was observed by several people that we had a noticeable group of new professionals in attendance this year. Indeed, one of our former students told us that in her new position she was told that “we don’t go to conferences.” For the first time as a WAFCS member and attend, and participate. They need to hear from their peers, and stories of their peers success. As one student told me “no offense, but we need to hear it for someone our own age Dr. Wall.” And as another told me, “we don’t go exercise, shop, or out anywhere by ourselves, so we need friends to do this with.” Working with an energized core who has been there, and done that, is highly effective for motivating students who have never been there, done that, or even heard of it.

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Location

At first one might think there are no inherent plusses in holding the conference offsite. However, some did state that they enjoyed getting out and about, even “seeing campus” and reminiscing, there was ample space and rooms (once we switched a few around), and a lot of energy being right in the center of campus. Numerous compliments were relayed to the help staff, food services, and others who were always on hand with whatever was needed. Perhaps the biggest challenge was parking. Perhaps next time we’ll make the fact that the conference is being held ‘outside’ of the hotel a bigger point of notice, and that people need to request parking passes in advance. When you try something new, perhaps we need to remind people that it is something new.

Meals

There was PLENTY of food available with a constant source of snacks, juices, and drinks available. While we helped keep students costs down by having them find lunch on their own at the inexpensive food court, they actually enjoyed their own private viewing of the Thailand Project. On the one hand, it is a plus to have students be able to get together just as students, on the other hand, it is also good to network with them as professionals during meals.

Handouts

Something else different was handing out jump drives with all of the conference presenters PowerPoint’s and handouts pre-loaded, instead of printed in a binder. While most enjoyed this feature (you can now go and actually use these in your own classes), a few maintain that they prefer the full handout binder which facilitates note taking during the session, among other things.

Speakers

We had resounding praise for our Keynote speaker, Amie Lapp Payne, who was on fire and full of energy for several sessions during the conference. The Thailand Project was moving, to say the least, and inspired an on the spot donation of about $750 collectively from members in the room. And our local foods presentation, complete with numerous taste samples, was also informative and enjoyable.

Personally, I have to make a plug for the student mentoring session where we had about 12 professionals (teachers, extension, outreach…) match up with about 25 students. In Speed Dating style they had about 3 minutes to share their “elevator speech” and then receive instant feedback from the professional before switching… It was LOUD (apologies to the group next door). It was FUN, it was ENERGIZING… Much like WAFCS 2009! See you at Stout for 2010!!!!
Welcome to Our New WAFCS Members!
Submitted by Tiff Calmes, WAFCS Membership Chair

The following individuals are new or returning to WAFCS. We offer them our sincere thanks for supporting the profession of family and consumer sciences and making the decision to join or rejoin WAFCS. We look forward to getting to know each of you!

- Laura Arndt ............................................................... Student Member
- Julie Atkinson Keller .................................................. “Active” Professional Member
- Michelle Bassett-Shea ................................................ “Active” Professional Member
- Kristen Bruder ......................................................... “Active” Professional Member
- Patricia Bytnar ....................................................... “Active” Professional Member
- Danielle Chartier ......................................................... Student Member
- Raechel DeChenne ........................................................ Student Member
- Danielle Dreher ........................................................ Student Member
- Whitney Fude .......................................................... Student Member
- Deborah Gangnon .................................................. “Active” Professional Member
- Navya Gurajada .................................................... Student Member
- Beatrice Hadidian-Baugher .......................................... Student Member
- Ashley Hall .............................................................. Student Member
- Joel Huebner ............................................................... Student Member
- Judy Kreutzer .......................................................... Active Professional Member
- Jennifer Larson .......................................................... Student Member
- Cuiting Li ................................................................... “New Professional” Member
- Beth Lindberg .......................................................... “Active” Professional Member
- Stephanie Love .......................................................... Student Member
- Jill Martin .................................................................... Student Member
- Andrea Newby .......................................................... Student Member
- Katelyn Nicolai ............................................................ Student Member
- Linda Olson ............................................................... “Active” Professional Member
- Sarah Puddy .............................................................. Student Member
- Jill Raikowski ............................................................. Student Member
- Kathryn Ritchie ............................................................ Student Member
- Diane Ryberg ............................................................... “Active” Professional Member
- Lindsey Satina ............................................................ Student Member
- Kayla Slasted ............................................................... Student Member
- Kathryn Stepper .......................................................... Student Member
- Brenda Stielow ........................................................... “Active” Professional Member
- Nancy Strupp ............................................................. “Active” Professional Member
- Ruth Sybers ............................................................... “Active” Professional Member
- Ashley Tremmel .......................................................... “Active” Professional Member
- Rachel Vorpagel .......................................................... Student Member
- Lori Zierl ................................................................. “Active” Professional Member
A Paradox of Our Times

We have bigger houses and smaller families; more conveniences but less time; more degrees but less sense; more knowledge but less judgment; more experts but more problems; more medicine but less wellness.

We have multiplied our possessions but reduced our values; we talk too much, love too seldom, and hate too often; we’ve learned how to make a living but not a life; we’ve added years to life but not life to years.

We’ve been all the way to the moon and back but have trouble crossing the street to meet the new neighbor, we’ve conquered outer space but not inner space; we’ve cleaned up the air but polluted the soul; we’ve split the atom but not our prejudice.

We have higher incomes but lower morals; we’ve become long on quantity but short on quality.

These are the times of tall men and short character; steep profits and shallow relationships. The are times of world peace but domestic warfare; more leisure but less fun; more kinds of food but less nutrition.

The paradox of our time in history is that we have taller buildings but shorter tempers; wider freeways but narrower viewpoints; we spend more but have less; we buy more but enjoy it less.

Source: Unknown

The Art and Design Exhibit for 2009
by Bev Braun, Clothing, Textile, Art & Design community leader

“Sustainability” is the theme for AAFCS for 2009. Three definitions of sustainability went into the CTAD’s community project—The Pink Breast Cancer Quilt. Seventeen members embroidered pink ribbon squares or made patchwork squares with the name of someone they know that has dealt with or made patchwork squares with the name of someone they know that has dealt with this illness. Bamboo batting was used for the filling and a recycled pink linen tablecloth was used on the backside. Bev Braun was in charge of putting the quilt together. Mary Kay Merwin’s name was randomly selected to receive the latest Better Homes and Gardens “Pink” cookbook. The following members submitted squares:

Carol Anderson, Diane Klemme
Beverly Braun, Janet Powell

Cynthia Chase-Whitely, Donna Dino
Jeanne Schwass-Long, Stephanie Love
Cynthia Ebert, Virginia Hall
Mary Kay Merwin, Janet Powel
Charmeine Rimple, Kim Hart
Cheryl Stapleton, Mary Kennedy
Arlene Welcher

2001, Providence, Rhode Island, was the date for the oldest convention bag, submitted by Bev Braun. Tiffany Calmes owned the 2003, Washington, D.C. bag. Donna Dino shared two historical “Domestic Science” books dated from the 40’s.

In the RECYCLED project category, Bev Braun received the most votes for two denim jeans throws and Tiffany Calmes received second place for her 4-H t-shirt quilt and pillow. Other entries were Judy Rommel’s jacket made from a Scandinavian tablecloth, Chris Kniep’s two Betty Lamp wall hangings, and Bev Braun’s bird quilt and pillow.

In the NEW PROJECT category, all entrants received a pair of athletic socks with the pink ribbon on it. Carol Anderson’s waterfall quilt received the most votes. Diane Klemme’s kimono table runner came in second and third place went to Judy Rommel’s batik jacket. Other members that entered were: Bev Braun, 3 projects; Carol Anderson, 3 projects; Diane Klemme, 3 projects; Tiffany Calmes, 1 project; Judy Rommel, 6 projects; and, Stephanie Love, 1 project.

State of the Art Tour—Marshfield, Wisconsin
by Tiff Calmes, Membership Chair

On Thursday, March 26, a small group of WAFCS conference attendees participated in a State of the Art Tour in Marshfield, Wisconsin. Many thanks to our driver, Alicia Gaede, a student at the University of Wisconsin-Stevens Point!

Our tour began at the doors of Tiny Tigers Intergenerational Care Center, which houses a daycare facility for 92 children, an adult care center equipped for 20 adults, and a high school Human Sciences Academy where students in grades nine through twelve benefit from experiential learning in an environment that permits observation and interaction with multiple generations. Marshfield High School family and consumer sciences education teacher Jennifer Arndt, noted that her students are exposed to a wide variety of human sciences careers through their work at the center.

The center operates as a three-fold partnership between Marshfield High School, the daycare owner, and the manager of the adult care facility. Children in the daycare eagerly anticipate daily contact with their “grandfriends,” and the seniors enjoy the newfound sense of purpose they experience. The relationships formed between the elderly, children, and high school students are invaluable.

After lunch at World Buffet, the group headed to St. Joseph’s Hospital where Food Service Director and Registered Dietician Renee Danhof shared the story of the implementation of a new dietary program that delivers made-to-order food to all patients at St. Joseph’s Hospital. The service features 13 different menus. Phone orders are processed from early morning to midnight, and food is delivered within 60 minutes. The group enjoyed a tour of the kitchens and admired the employee efficiency and technologically advanced equipment that makes room service possible at such a large facility.

St. Joseph’s Hospital has experienced increased patient satisfaction on exit surveys since the program began. The original goals of the program were to serve more appealing food, thus increasing satisfaction and appetite while decreasing food waste and length of hospital stay. Danhof noted that the system is now running smoothly, but it always requires at least one manager on duty due to the around-the-clock nature of the service.

The WAFCS Web Site
www.wafcs.org
is worth a look

See past Newsletters
Foundation info, photos of friends and colleagues, & much, much more
The White House released a statement by President Obama proclaiming March Women's History Month. March was selected as a time to honor American women in 1978, when a Women's History Week was initiated; the time-period was expanded to a month in 1987. Obama’s proclamation follows:

With passion and courage, women have taught us that when we band together to advocate for our highest ideals, we can advance our common well-being and strengthen the fabric of our Nation. Each year during Women's History Month, we remember and celebrate women from all walks of life who have shaped this great Nation. This year, in accordance with the theme, “Women Taking the Lead to Save our Planet,” we pay particular tribute to the efforts of women in preserving and protecting the environment for present and future generations.

Ellen Swallow Richards is known to have been the first woman in the United States to be accepted at a scientific school. She graduated from the Massachusetts Institute of Technology in 1873 and went on to become a prominent chemist. In 1887, she conducted a survey of water quality in Massachusetts. This study, the first of its kind in America, led to the Nation’s first state water-quality standards.

The proclamation continues to recognize other women:

- In 1900, Maria Sanford led the Minnesota Federation of Women’s Groups in their efforts to protect forestland near the Mississippi River, which eventually became the Chippewa National Forest,
- Rachel Carson brought even greater attention to the environment by exposing the dangers of certain pesticides to the environment and to human health
- Grace Thorpe, another leading environmental advocate, also connected environmental protection with human well-being by emphasizing the vulnerability of certain populations to environmental hazards.

These women helped protect our environment and our people while challenging the status quo and breaking social barriers. Their achievements inspired generations of American women and men not only to save our planet, but also to overcome obstacles and pursue their interests and talents. They join a long and proud history of American women leaders, and this month we honor the contributions of all women to our Nation.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim March 2009 as Women's History Month. I call upon all our citizens to observe this month with appropriate programs, ceremonies, and activities that honor the history, accomplishments, and contributions of American women.

IN WITNESS WHEREOF, I have hereunto set my hand this third day of March, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-third.

BARACK OBAMA
The Pampered Chef®
The Story of One of America’s Most Beloved Companies by: Doris Christopher

If you are like me, chances are you have Pampered Chef® products in your own kitchen. You have probably attended a Pampered Chef® kitchen party hosted by a friend or neighbor. But have you ever stopped to think about how Pampered Chef® became such a household name? Who was the genius behind this extremely successful company? After reading The Pampered Chef® - The Story of One of America’s Most Beloved Companies by Doris Christopher you will have your answers.

The account is written by the founder of the company, a home economist with teaching experience at the junior high and high school level and cooperative extension. I was excited to see that Doris Christopher was slated to be a keynote speaker at the AAFCS national conference in Knoxville, but I had no idea she was actually “one of us”. Her writing style is conversational and she shares her transition from stay-at-home mom to corporate executive of a nearly billion-dollar business in a humble manner. She shares some of the growing pains that were experienced and strategies to work through them.

As I read about her “one-woman show” cooking demonstrations tailored to encourage women to share the knowledge of how to use quality cooking tools, I was impressed with her enthusiasm, vision, and daring. Her mission was to bring families together by sharing meals around the table. Christopher’s passion to make a difference... (Appleton) Every once in a while we have an opportunity to experience something that may never come our way again. It happened to me this past year when I served on a planning team for the National Hmong Development, Inc. Conference. held on April 3-5, 2009 in Appleton. While I didn’t play a major role in the planning, I was part of the team behind the scenes in getting the conference organized, and I gained understanding of a world I take for granted. We had over 1,000 participants from California, Minnesota, Washington D.C., and many states in between. We had high school and college students as well as adults. I met Girl Scouts from Minneapolis from a Women’s Leadership program, professional counselors from California and Washington and researchers from Stanford, Minneapolis and our own state of Wisconsin – most of them Hmong learning how to take an active leadership role in their communities.

Our local county Extension team was chosen to present a concurrent session on Cooperative Extension programs and the work we do in Outagamie County with the Family Nutrition Program, Community Gardens Partnership and the Bridging Hmong American Cable TV program that we produce in the Hmong language. Our team came to realize how much we’ve accomplished and what we can offer the Hmong community in the future.

I attended sessions on long term care; financial management; domestic abuse; youth outreach; research sessions on Alzheimer’s and parent/school involvement; demographics and the importance of the census process. The session that left the biggest mark was the program on Domestic Abuse. We moved to a larger room to accommodate the young professionals with an interest in the topic, more than 150 people.

Barbara George was selected as one of the Year’s “Women of Distinction” at their awards luncheon on April 3rd 2009. We know Barbara as a WAFCS Board Member, Nasco Representative and a person who often step up when a need arises such as our CAFE’ Conversations or special preparation for our AAFCS Conference in Milwaukee. Congratulations Barb on your well deserved recognition.

Karen Dickrell—Family Living Educator/ Department Head
UW Extension Outagamie County
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DATES TO REMEMBER

June 25-28
AAFCS Conference
Knoxville, TN
See You in Knoxville!!

The June AAFCS conference in Knoxville is quickly approaching. Why should you attend?!

• Celebrate 100 years of our organization! (Reunions, memory photos, beautiful centennial keepsake; record your remarkable FCS memories, kick off the next 100 years)
• Become informed on a range of sustainability issues through keynote presentations and educational sessions
• Network with attendees from across the US and internationally. You can travel by bus to the conference with your WI friends. Check out www.aafcs.org for all the latest information about the June conference. AAFCS also has a conference blog. The link to it is on the AAFCS website. Or try janetmpowell@sbcglobal.net or call 608-271-0776.

Knoxville, here we come!!

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