UW-Madison Family Researchers and Advocates
Set to Keynote WAFCS Annual Conference
by Janet Powell, CFCS, and Priscilla Bondhus, WAFCS Annual Conference Coordinators

The Wisconsin Association of Family and Consumer Sciences Planning Committee is pleased to introduce two of the 2013 Annual Conference keynote speakers, Dr. J. Michael Collins, and Dr. Maria Cancian. The third keynote presenter, Dan Veroff, was previously featured in the WAFCS December E-newsletter, which is archived on the WAFCS website at www.wafcs.org.

J. Michael Collins, Ph.D., is a faculty affiliate of the University of Wisconsin-Extension, Cooperative Extension, the Institute for Research on Poverty, and the La Follette School of Public Affairs. He is also faculty director of the Center for Financial Security at the University of Wisconsin-Madison. Dr. Collins’ work includes the study of financial capability with a focus on low-income families. Collins brings nearly a decade of applied experience to his research.

What does financial literacy mean today for American families? How does financial literacy relate to financial capability and consumer behavior? In today’s rapidly changing financial marketplace, how can programs be designed to enhance the financial security of families? During his keynote presentation on Friday, March 8, J. Michael Collins will provide an overview of these issues and offer insights from recent research.

Maria Cancian, Ph.D., is a professor of Public Affairs and Social Work, Letters & Science Dean of Fiscal Initiatives and Social Sciences, and an affiliate of the Institute for Research on Poverty at the University of Wisconsin-Madison. Her research considers the relationship between public policies and changes in marriage, fertility, and employment.

Forty percent of children are now born to unmarried parents, and estimates suggest that most of these parents will go on to have children with other partners. The resulting complex families, together with changing employment patterns which lead most mothers, as well as fathers, to work outside the home, raise important challenges for our understanding of family roles and obligations and the design and evaluation of family policy. During her keynote presentation on Friday, March 8, Cancian will discuss recent and long-term changes in the American family and their implications for the wellbeing of families and children, especially in the current economic context.

Cancian received her doctorate in economics from the University of Michigan. She has been a Visiting Scholar at the Russell Sage Foundation and a Visiting Fellow at the Public Policy Institute of California to name a few of her many accomplishments.

WAFCS Student Unit Partners with Second Harvest Foodbank to Fight Hunger in Southern Wisconsin

The student-led community service project tradition continues as the WAFCS Student Unit will be donating their time at Second Harvest Foodbank of Southern Wisconsin preparing and organizing products for distribution to other agencies. Tasks will include sorting pre-packaged food, packaging bulk food to individual packaging, and labeling items. Second Harvest Foodbank is a non-profit organization that was started in 1986 and has grown to serve over 141,000 people annually. Of the 141,000 people they feed each year, 43% of them are children. They are located in Madison but provide support to over 300 partnering programs in 16 surrounding counties. They have many different programs that help fight hunger around Southern Wisconsin including a Kids Café, FoodShare Outreach, and Mobile Pantry. These programs, along with their partnering programs, are working hard to put an end to hunger in Southern Wisconsin. WAFCS Student Unit President Jessica Monfils notes, “This may not sound like the most fun or exciting way to spend your Friday night, but I think it is important to take time to help others. Donating your time, talents, and service can be a very rewarding life experience!”

Call to Action

Let’s leave our mark on the Madison area as family and consumer sciences students and professionals. Please bring a non-perishable food or consumable item to the WAFCS Annual Conference on Friday, March 8. Collection boxes will be available at the registration table. Students will deliver the items to Second Harvest Foodbank of Southern Wisconsin during their Friday night community service project.
## WAFCS Leadership 2013

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<th>Position</th>
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<td>President</td>
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## Take It to the Streets
- Cindy Quilling
- Jessica Montifs
- Anika Olson
- Rebekah Catalano
- Amanda Montague

## Regional Presidents
- Region 1: Stephanie Love
- Region 2: Carol Subera
- Region 3: Karen Dickrell, CFCS
- Region 4: Open
- Region 5: Tiffani Roltgen, CFCS
- Region 6: Ann Garrison

## Foundation Board of Directors
- Foundation Chair: Kareen Goebel, CFCS
- Member at Large: Vera Riley, CFCS
- Member at Large: Jean Zeithaml, CFCS
- Treasurer: Susan Turgeson, CFCS

## Awards Committee
- Chair: Carol Anderson, CFCS
- Distinguished Service Award: Open
- Friend of WAFCS Award: Open
- Leader Award: Carol Anderson, CFCS
- New Achiever Award: Dottie Winger, CFCS
- Teacher of the Year Award: Donna Dinco

## Annual Conference Planning Committee
- Co-Chair: Priscilla Bondhus
- Co-Chair: Janet Powell, CFCS
- Breakout Sessions: Tiffani Roltgen, CFCS
- Exhibitors: Arlene Welcher
- Exhibitors: Jeanne Schuss-Long
- Pre-Conference: Carol Anderson, CFCS
- Tours: Vera Riley, CFCS
- Tours: Karen Goebel, CFCS

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**Now is the Time to Get the Word Out**

*By Arlene Welcher, WAFCS President*

Attending the 2012 AAFCS Affiliate Leadership Workshop was an amazing experience. Meeting our national staff and state leaders from around the country was very inspiring. Shrinking budgets and cuts to education are being felt in Wisconsin and by our colleagues across the country.

Tony Evers, State Superintendent of Public Instruction, said in his State of Education Address (http://news.dpi.wi.gov/files/eis/pdf/dpinr2012_102.pdf) on September 20, 2012, that, “One of the surest pathways to the middle class in Wisconsin is CTE.” He has pledged to put money behind Career and Technical Education (CTE): Science, Technology, Engineering, and Math (STEM); and industry certifications. Evers noted that reinvigorating CTE hinges on students and parents believing it is a viable route to lifetime success after high school graduation. This statement puts responsibility back at the local level, and in particular, on classroom teachers and guidance counselors for promoting our programs. Do we have our advisory groups in place, and do we use them to help spread the word? Do we have a targeted message that we promote through department literature? Do we connect our curriculum to living wage careers as well as to life skills needed to sustain healthy families?

The American Association of Family and Consumer Sciences (AAFCS) has taken a leadership role in developing the new family and consumer sciences (FCS) logo that 11 national family-related organizations have united behind. AAFCS has prepared a media kit available to members with a variety of resources, sample letters, etc. The Wisconsin Association of Family and Consumer Sciences (WAFCS) has also started gathering resources and posting them on our website (www.wafcs.org) for easy access.

One of the most informative sessions at the Affiliate Leadership Workshop was on media relations. It was stressed that we must take time to identify our “key messages” and use them when we communicate with others. I learned that the most effective way to be sure my key messages are delivered is to mention them at the front end of my statement, then summarize my key points as early as possible in the conversation, and then try to once again work my key points into the end of the conversation for added emphasis. One practice exercise involved brainstorming key answers to questions like, “What do you do?”, “What is FCS?”, and “What is the difference between FCS and the old home economics classes I took in school?”

With Tony Evers pledging to provide financial support for CTE initiatives; classroom teachers identifying a targeted message that ties FCS curriculum to the common core standards for math, English, science, and social studies; and documenting the connection between skills learned in the classroom to jobs that pay a living wage, we have the tools we need to fight to keep family and consumer sciences strong and healthy in Wisconsin. Let’s pull together and share both our challenges and success stories so we can learn from each other. Now, as much as any time in history, there is a need for FCS in our schools, in the lives of our students, and in our communities. We just need to “promote” what we do and the difference we are making.
Words from the Wise: Reflections from Retiring Teachers

By Cindy Quilling, WAFCS Take It to the Streets Affiliate Representative

What a difference a summer makes! No more awakening to a 6:00 a.m. alarm, greeting students by 7:30 a.m., dashing to the restroom during 3-minute passing times, hearing bells every 53 minutes, enjoying my “leisurely” 12-minute lunch break, running to get department groceries, making it home before supper, and ending the day grading papers into the night. Instead, as the fall season starts, I “sleep in” until 7:30 a.m., hear no bells, buy only my personal groceries, and end the day reading novels late into the night. Retirement, along with the summer, created the change. However, I was fortunate that I went every day to a job that I loved, a job where every day was different as I interacted daily with over 150 people. My job as a family and consumer science (FCS) teacher for 33 years.

So what makes one job any different from others? What allows some people to love their jobs while others struggle to find any satisfaction? In reverse order, these are my “Top Five Bits of Wisdom” for any new or existing teachers in our professional field. You will make incredible differences in the lives of others. My wish for you is to love your career as much as I did, as it will bring immense satisfaction in your seasons of life.

Cindy’s Top Five Bits of Wisdom:

1. Family and Friends (finally and most importantly!) – Everyone’s jobs are stressful, and the changes in education will be no less. Just as students know who has their backs, you need to know who has yours. Your family and friends will provide the balance you will need between your academic career and personal life.

2. Collaboration with Professional Colleagues – Professional organizations will not only offer you academic growth, but the relationships you build will be irreplaceable. They will provide you with support, ideas, and friendships, statewide and beyond. Your professional network should also include teachers of different disciplines within your building. Your colleagues become aware of your programs when you work side-by-side with them. Other teachers can serve as some of your best allies.

3. Progressive Curriculum Aligned to Standards – FCS classrooms are a huge part of the pulse and energy created in your schools. Your classes will provide students opportunities for practical application of core academics, critical thinking, and problem solving. Students will understand “why” they need to learn something as you encourage them to become lifelong learners.

4. Respecting/Honoring Students – Students will willingly share their projects with your students. They will provide you with support, ideas, and friendships, statewide and beyond. Your professional network should also include teachers of different disciplines within your building. Your colleagues become aware of your programs when you work side-by-side with them. Other teachers can serve as some of your best allies.

5. Strong Student Family, Career and Community Leaders of America (FCCLA) Organizations – Students will sell your programs. Their Students Taking Action with Recognition (STAR) Event projects utilize skills they gain from your classes. Their success is infectious to their peers, and they will willingly share their projects with your school boards and communities.

6. Join professional organizations; they will lobby on your behalf and will have your back. In addition they provide opportunities to stay in touch with friends, travel, keep your skills up to date, and more.

7. Consider advising a Career and Technical Student Organization (CTSO), like FCCLA or Future Health Professionals (HOSA). It’s a lot of work but so worth it for you and your students.

8. Publicize, advertise, and brag about what you and your students do. You want to be known and valued among the school and community.

9. Reach out and help other professionals who may be struggling; there’s so much to be gained by helping someone else.

10. Know that what you do is important. With the changes in our government at the state level, teachers have been made to feel inferior to other professionals and less deserving of our compensation. Don’t believe that! Hold your head high, and take pride in your work. You make a difference!

Congratulations to Cindy Quilling (far left); Gail Sommerfeld, CFCS (second from left); and Mary Koch, CFCS (far right), who were honored with Dedicated Service Family and Consumer Educator Awards at the 2012 Wisconsin Family and Consumer Educators (WFCE) Annual Conference in Madison. On behalf of WAFCS, we appreciate your membership and years of service to the profession. We look forward to celebrating with you, learning from your expertise, and finding new ways for all our retired members to assume active leadership roles within our association.

By Gail Sommerfeld, CFCS, WAFCS member

I retired in January 2012 from the Platteville School District after 30 years of teaching FCS. In celebration, I’d like to sum up my teaching career by passing along my top ten (not in any particular order) pieces of advice for new professionals.

Gail’s Top Ten Tips for New Professionals:

1. Love your career, but make time for yourself and family too. Remember the family is “our” central focus.

2. Always keep up to date with networking and coursework, but don’t reinvent the wheel. Ask other professionals to help you navigate your way.

3. Spend a great deal of time organizing your classroom, filing system, etc., and then use it to stay organized on a daily basis. Don’t let piles fill your room; it will take much more time that way.

4. Remember the “line” between a teacher and a student; they are not your personal friends, but you can be a great inspiration in their lives.

5. Make friends with office personnel and custodial staff; many times they are in charge!

6. Join professional organizations; they will lobby on your behalf and will have your back. In addition they provide opportunities to stay in touch with friends, travel, keep your skills up to date, and more.

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A Closer Look at International Service Learning

By Mary Crave, WAFCs member

As we strive to have our students, 4-H members, family members, and religious or community groups become more globally aware and contribute to global issues, a common action is to undertake an international service project. Projects can range from raising funds to support an individual on a “mission” to Africa, to making dresses or collecting medicines to send to an orphanage in South America or Asia. I’m sure you can quickly list several examples you or people close to you have contributed over the years.

As an extension specialist, I have had the good fortune and challenge of working on several USDA and US Agency for International Development (USAID) projects over the past 25 years. As you read this, I’m preparing for my 31st and 32nd trips to Africa. As a result, I receive lots of questions about how other individuals or organizations can support and serve programs, youth, and/or families in developing countries. Because many of us have difficulty getting past our unconscious “I’m-an-American-and-I-know-what’s-best” attitude, I find these questions and examples provoke some thought. These are based on readings, observations, and discussions with colleagues here and in Africa.

Are you doing to, doing for, doing with, or responding to?

Aim for responding to. I have seen dozens of programs that are started by well-meaning individuals that get mired in doing to or doing for. The following questions explain why that may be a problem.

Why is it needed? How do you know? Who decided?

We may be wonderful teachers, skilled gardeners, experienced in micro-finance, or passionate about girls’ education and want to use that expertise or interest to help others. But projects should not be determined on what we want to do. Additionally, it’s arrogant to think that we in Wisconsin know what’s best for someone on the other side of the world. Ask your intended audience what they need. In some cultures it’s impolite to say, “No.” Vulnerable people may fear speaking up. Have conversations and ask questions in a way that allow people to tell you their needs.

Who might be helped by this project?

Many service projects make us feel good. Students may increase their awareness of how global warming impacts food security. Church members may be carrying out a social justice mandate to “feed the hungry.” This is important. But be sure that projects are not giving subtle messages that beneficiaries need Westerners to “save” them. Do your contributions empower the intended beneficiaries? Do they build on the community’s or individuals’ assets? The “they-have-so-little-and-we-have-so-much” approach to service chips away at self-esteem and is often inaccurate. Think about how we might contribute in ways that help beneficiaries work alongside us, so they can sustain programs once we lose interest in the project or head home. How can a project instill a sense of dignity in the beneficiary?

Is there a downside? Who might be harmed by this project?

We don’t usually consider this. Think about how your project may impact the economy of the person, community, or organization it is intended to help. For example, does your project take a job or income away from a local person? When you travel to Haiti to build a school, are you taking a job away from a local construction worker? Sending dresses to Africa can clothe a little girl, but it may also take business from a local dressmaker who supports her family with her sewing machine. Even volunteering in an orphanage can be harmful as research tells us that, “unstable attachments and losses experienced by young children with chang-

International Service Learning
In the News

Check out the National Public Radio article “Africa for Norway: Viral Video Pokes Fun at Stereotypes in Aid Efforts.”

http://www.npr.org/2012/12/26/newtown-shootings-gift-givers/

For a complete transcript of the National Public Radio interview, “Message Behind African Heaters for Norway Spoof,” visit:


Since the December 14, 2012, school shooting, the public outpouring of support has led to the following response as “Newtown Officials Ask Gift-Givers to Stop Sending Packages.”

http://www.huffingtonpost.com/2012/12/26/newtown-gifts_n_2366658.html
The International Federation for Home Economics (IFHE) has over 100 years of history that began in Switzerland. The purpose of the organization is to facilitate and promote opportunities for global involvement. IFHE’s mission is to strengthen the profession so that it can act as an advocate for families. The governing body is a Council which meets every two years and in 2014 will do so in London, Canada. Every four years, a Congress is held, and this brings professionals from all corners of the globe to engage in a professional development experience in which research and practice are shared. One of the highlights of a Congress is a home visit. Families in the host country and city open their homes, and attendees share a meal and engage in lively discussion. For example, this past summer in Melbourne, my home visit included four from the Congress (two from the United States and two from Japan) who enjoyed the evening and meal with a young family with twin 12 year olds.

IFHE-US is the United States affiliate, and it is an active group. The Development Committee has been engaged in fund raising for a number of years so that we might contribute to projects that could be strengthened with additional money. For example, for the period 2012-2016, two projects will receive $5,000 each. One grant is to a Community Radio Station high in the Himalayas. Staff members in a New Delhi university are developing a health education campaign to educate women about health issues and health care access. The second grant is to the Department of Home Economics at a college in Nigeria. The faculty will be developing computer software to teach pattern drafting.

For the 2008-2012 period of time, four projects were funded. A kiln building project in Kenya involved 20 women developing skills to make energy saving and smoke reducing fireplace liners. During the four years, 611 fireplace liners were installed in local homes improving indoor air quality. The Hay-Box Cooking Project was conducted in and around Ennerdale in South Africa where access to and cost of electricity is an issue. A train-the-trainer model was used and women learned how to use various materials to make these cooking boxes. Women were taught how to prepare food by placing it all in a pot with water and bringing it to a boil. Power would be switched off and the pot would be placed in the box and insulated so that the meal continued to cook. The Dago Dala Orphan Feeding Program Improvement Project in Kenya focused on a day care center. Monies were used to construct school tables and benches for dining. With the children sitting at tables, it was possible to teach table manners. A second part of this project was to construct a rain water catchment tank and gutters to collect rain water for cooking, cleaning, hand washing, and teeth brushing. The final grant was made to a school gardening project in the Virgin Islands and involved five schools. The gardening effort was designed to teach nutrition and encourage the consumption of vegetables. Pre- and post-tests indicated the project resulted in improved nutrition knowledge. Teachers used the project to teach math, science, and family and consumer sciences concepts.

Get Internationally Connected Close to Home

- Support the 2013 development fund raising effort by attending the 15th Annual Cultural Evening Event on Wednesday, June 26, in Houston, TX, at the AAFCS Annual Conference. You won’t want to miss this opportunity to visit a Hispanic Center where you’ll learn more about Hispanic culture, sample traditional foods, enjoy a program, and share an evening with colleagues. Registration will be available through the AAFCS 104th Annual Conference & Expo website at http://www.aafcs.org/meetings/13/.

- Think of ways to celebrate World Home Economics Day around the theme of “Empowering Individuals, Families and Communities through Home Economics: Confront Poverty and Social Exclusion” in your home, place of work, and community on Thursday, March 21, 2013. Visit http://www.ifhe.org/1015.html for a complete copy of the press release detailing this special day.

- Consider joining the International Federation for Home Economics (IFHE). For more information, visit the IFHE website at www.ifhe.org. To submit dues, contact IFHE-US President Carol Anderson, CFCS, at cl6@cornell.edu

Q & A with IFHE-US President Carol Anderson, CFCS

How long have you been a member of IFHE?
I have been a member for approximately 20 years and have attended many of the Council and Congress meetings since the early 1990s. Usually, I have a juried oral presentation or poster presentation as it is important to share what work is being done in this country.

Why does IFHE use the phrase “home economics” rather than “family and consumer sciences?”
IFHE continues to use the term home economics as it is the preferred terminology around the world.

What role does IFHE play in promoting and strengthening home economics?
IFHE promotes and strengthens home economics through research and action. There are several European countries with strong high quality research agendas. A number of members here in the US collaborate with them on research questions. In each region, there is activity to promote home economics.

Why is it important for WAFCS members to stay informed about international home economics issues?
We live in a global society and the recent financial issues highlight the critical nature of what happens in one part of the world influences what occurs in other countries. We strive for an improved quality of life regardless of where one might live.
Region 5 Fall Meeting: 
House of the Future, Fit Fresh, and FEED

By Sue Simon, Former WAFCS Region 5 President

The Wisconsin Association of Family and Consumer Sciences (WAFCS) Region 5 Fall Meeting on Thursday, October 4, 2012, proved to be a stimulating and educational evening for the 19 participants. Region 5’s members include those living in the following counties: Columbia, Crawford, Dane, Dodge, Grant, Iowa, Jefferson, Juneau, Lafayette, Richland, Rock, and Sauk. Regional meetings are always open to all members of WAFCS, as well as colleagues, friends, and family members.

The evening began with a tour of the beautiful House of the Future in Mount Vernon, which offered us all a view of “green” housing design, with its many energy-saving features. Interestingly, there were no solar panels, but the south-facing wall of windows at the front of the home accomplished the same effect, with exterior electronic window coverings to block the sun in the summer, and the interior insulating shades for the winter evenings. The heat source was geothermal, with a pump to circulate the water. The result was total energy expenditures of around $50 a month.

Other features of the contemporary interior included recycled tin from farm outbuildings, painted concrete floors in the lower level, an adobe wall in the master bedroom to absorb moisture at times of high humidity, and “smart” toilets.

Convening next at the Prairie Dining Room of Fitchberg’s Senior Center, all enjoyed the healthy supper provided by Fit Fresh Cuisine, after which we were informed about the status of plans for the new Food Enterprise & Economic Development (FEED) Kitchen on Madison’s north side. Ellen Barnard, project manager, said the facility will provide five commercial kitchen spaces for rent to farmers and community gardeners with surplus produce, MATC’s culinary arts classes, small business owners, and others desiring its use. Fundraising is nearly completed, and ground will be broken soon for this exciting facility.

A short business meeting followed, where Tiffani Roltgen, CFCS, was elected 2012-2013 Region 5 President. Jeanne Schwass-Long, CFCS, awarded a lovely collection of door prizes to lucky recipients to end the evening.

What’s Going on Regionally Around the State?

• The Region 6 meeting was cancelled due to low registration numbers.
• If you live in Buffalo, Trempealeau, Jackson, La Crosse, Monroe, or Vernon County, please consider stepping up to serve as Region 4 president. Responsibilities include coordinating an annual regional meeting and reporting activities to the WAFCS Council. Now is the time to get involved and give family and consumer sciences a greater voice in Region 4!
• There are no regional meetings currently scheduled for Regions 1,2,3, and 4. Contact your regional president if you’d like to help plan a regional meeting or have other ideas for regional activities.

Regional Presidents
Region 1  Stephanie Love, loves1989@my.uwstout.edu
Region 2 Carol Subera, cmsubera@hotmail.com
Region 3 Karen Dickrell, CFCS, karen.dickrell@ces.uwex.edu
Region 4 Open
Region 5 Tiffani Roltgen, CFCS, askwafcs@gmail.com
Region 6 Ann Garrison, garrisak2005@yahoo.com
It’s Time To
“Take It To the Streets”
By Cindy Quilling, WAFCS Take It to the Streets Affiliate Representative

Attention WAFCS Members! We are in ideal positions to help individuals, families, and communities with critical issues, such as obesity, flu epidemic, hurricane relief, and financial management. The expertise in our personal careers and communities allows for us to make a difference in the lives of others. We quite possibly are involved in these concerns already. Let’s document what is happening in our communities to educate and provide ideas for others around the United States.

The “Take It to the Streets” initiative began in 2009 with the H1N1 flu emphasis. Some activities AAFCS members were active in included posting soap and detergent posters near bathroom doors, teaching hand washing to elementary students, and documenting how often hands touch germ-laden items without washing hands afterwards.

Emphasis continues to center around activities addressing the obesity crisis in the United States, especially with the launch of First Lady Michelle Obama’s Let’s Move campaign in 2010. This year’s Take It to the Streets theme is, “The Impact of the Economy on Families: Strategies and Solutions.” We need to increase our efforts to improve the physical health and financial well-being of our community family members, young and old alike. What are you already doing in terms of these initiatives? What ideas do you have for increasing exercise at work or home, promoting alternative food choices, simplifying family meal-time, and sharing financial expertise?

What is your community doing regarding hunger, poverty, or unemployment? How are YOU involved?

Keep WAFCS and AAFCS posted. Visit http://www.aafcs.org/Advocacy/TIS.asp for additional information regarding Take It to the Streets. Use the “Reporting Form” to log your activities, and return it via mail (Cindy Quilling, E6006 US Highway 12, Menomonee, WI 54751) or e-mail (quilling@wet.net). I will compile what’s happening in Wisconsin and keep AAFCS informed.

The Best of Madison
By Tiffani Roljen, CFC, Annual Conference Planning Committee Member

Come explore and enjoy the beautiful city of Madison and all the activities it has to offer. Conference attendees will have the opportunity to attend the following:

Friday, March 8, @ 4:30 p.m.
School of Human Ecology Tour
(Included with conference registration)

You won’t want to miss the tour of the expanded and newly renovated Nancy Nicholas hall, a $52-million facility located on the UW-Madison Campus.

Friday, March 8, @ 9 p.m.
AAFCS Night Out @ Essen Haus
(Food and beverages available for purchase)

A festive Bavarian atmosphere awaits you at the Essen Haus, Madison’s best German restaurant and trinken halle. Let the authentic decor captivate you as you tap your toes to the “oompahs” of live polka music. The old world tradition of a friendly staff dressed in dirndls and lederhosen will welcome you. Enjoy a bier from a selection of 16 German biers on tap served in authentic glass and clay steins, or choose one of the 200 bottled imports or microbrews from around the world. The Essen Haus is proud to be the largest seller of German tap biers in the United States! For an experience not soon forgotten, pass around a boot of one of the world’s best German beers. There is no better way to get to know a city than on foot. We’ll “take it to the streets” walking, strolling, jogging, or running the areas surrounding the Radisson Hotel. Don’t forget to pack comfortable shoes, and join us for a great, healthy start to the morning!

Saturday, March 9, @ 3 p.m.
Capital Brewery Tour—$5
(Must indicate interest in advance on conference registration form.)

Located in historic downtown Middleton, Capital Brewery Company, Inc. has been at the forefront of the dynamic craft beer scene in America for decades. From rich and dark-tasting German beers to newer styles that please a wide variety of beer fans, Capital Brewery is always experimenting and refining its offerings. The brewery began more than 25 years ago, before “local” was the buzzword of the day, as it is now. Back then, not everybody knew how to appreciate authentic carefully crafted beers, like our ancestors used to enjoy. Yet Capital’s founders knew that they could educate the public’s palate toward accepting more genuine-tasting German-style beers. Ever since then, the brewery has remained focused on recapturing Wisconsin’s brewing heritage while still moving forward.

For more information, visit: http://www.capital-brewery.com/

Call for Entries for Textile, Art, & Design Exhibit
By Bev Braun, WAFCS Vice President Professional Development

Show us your creative spirit! Bring your works of art to our WAFCS Annual Conference in Madison, March 7-9, 2013. To help plan for display and space needs, mail or e-mail your entry title, brief description, and size to:
Bev Braun
1811 9th Street #23
Green Bay, WI 54304
bbraun5@new.rr.com

Bring a Lesson or Activity to Share
A Curriculum Sharing Roundtable is scheduled from 3:15 to 3:45 p.m. at the 2013 WAFCS Annual Conference on Friday, March 8. Family and consumer sciences teachers and students are invited to participate in this informal sharing session by bringing 20 copies of a successful lesson plan or activity.

To save paper and the environment, digital file and link sharing are strongly encouraged.
**WAFCS Annual Conference Agenda**

### PRE-CONFERENCE & COUNCIL MEETING: Thursday, March 7

- **9:00 a.m. – 3:30 p.m.** A Day at the Capitol: Promoting and Strengthening Family and Consumer Sciences
- **5:00 – 8:00 p.m.** Registration at Radisson Hotel
- **7:00 – 9:00 p.m.** WAFCS Council Meeting and Ice Cream Sundae Bar
- **9:00 – 10:00 p.m.** Set Up for Silent Auction and Art and Design Show

### CONFERENCE DAY 1: Friday, March 8

Full hot breakfast buffet is available for registered hotel guests.

- **7:00 – 7:30 a.m.** Exhibit Set Up
- **7:30 a.m.** Registration, Silent Auction, Art and Design Show, and Exhibits Open
- **8:00 – 8:30 a.m.** “Making the Most of Your Conference Experience: Orientation for First-Time Attendees, New WAFCS Members, and Non-Members”
  - Coffee and Conversation with Tiffani Roltgen, CFCS, WAFCS Executive Director
- **8:30 – 8:45 a.m.** Welcome, Pledge of Allegiance, and Betty Lamp Ceremony
- **8:45 – 9:45 a.m.** 1st General Session Keynote Speaker Maria Cancian, Ph.D.
  - “Complex Relationships: Family Structure and Public Policy”
- **9:45 – 10:00 a.m.** Break—Silent Auction, Art and Design Show, and Exhibits Open
- **10:00 – 11:00 a.m.** BLOCK 1 Breakout Sessions
  - A. “Getting Started with ProStart”—Kayla Slaasted, Greendale High School Family and Consumer Sciences Teacher, and Bryan Mowry, Wisconsin Restaurant Association
  - B. “TimeBanking: Building Community Capacity, Relationships, and Value in a Challenged Economy”—Stephanie Rearick, Dane County TimeBank Director
  - C. “All Things Tech”— Ashley Davis, Milaca (Minnesota) High School Family and Consumer Sciences Teacher; Tiffani Roltgen, CFCS, WAFCS Executive Director; and Dottie Winger, CFCS, Madison East High School Family and Consumer and Health Sciences Teacher
- **11:00 – 11:15 a.m.** Break—Silent Auction, Art and Design Show, and Exhibits Open
- **11:15 – 12:15 p.m.** BLOCK 2 Breakout Sessions
  - D. “How to Promote and Publicize Your Family and Consumer Sciences Program”— Diane Ryberg, Department of Public Instruction Family and Consumer Sciences Education Consultant
  - E. “Oh the Places You’ll Go with Your FCS Degree!” Student Speed Mentoring Session—Sterling Wall, Ph.D., UW-Stevens Point Associate Professor, and Marsha Larson, Ph.D., CFCS, UW-Stevens Point Assistant Professor
  - F. “Discover Food Science: Principles in Food Quality and Safety”—Dr. Naveen Chikthimmah, UW-Stout Assistant Professor
- **12:30 – 1:45 p.m.** Lunch, Awards, WAFCS Foundation 2011 Grant Winner Reports by Julie Jones and Cynthia Jasper, Ph.D., and “Philanthropy Matters” by Mary Kaye Merwin
- **1:45 – 2:00 p.m.** Break—Silent Auction, Art and Design Show, and Exhibits Open
- **2:00 – 3:00 p.m.** 2nd General Session Keynote Speaker J. Michael Collins, Ph.D.
  - “From the Lab to the Field: Developing Evidence-based Financial Capability Programs to Enhance Family Financial Security”
- **3:00 – 3:30 p.m.** Silent Auction, Art and Design Show, and Exhibits Open
- **3:30 – 4:00 p.m.** Curriculum Sharing Roundtable
- **3:30 – 4:00 p.m.** Exhibit Take Down

#### Students
- **4:00 – 4:30 p.m.** WAFCS Student Business Meeting
- **4:30 – 7:30 p.m.** Student Social, Dinner, and Community Service Project

#### Professionals
- **4:00 p.m.** Meet in lobby to carpool to UW-Madison School of Human Ecology
- **4:30 to 6:30 p.m.** School of Human Ecology Building Tour
- **6:30 p.m.** Carpool back to Radisson Hotel
- **7:00 p.m.** Dinner and Greetings from AAFCS President Sue Buck, Ed.D., CFCS

#### Students and Professionals
- **9:00 p.m.** Meet in lobby to carpool to WAFCS Night Out at Essen Haus
CONFERENCE DAY 2: Saturday, March 9

Full hot breakfast buffet is available for registered hotel guests.

6:30 a.m. Meet in lobby for “Take It to the Streets” Early Bird 5K Walk/Run
7:00 – 7:30 a.m. “Making the Most of Your Conference Experience: Orientation for First-Time Attendees, New WAFCS Members, and Non-Members”
                   Coffee and Conversation with Tiffani Roltgen, CFCS, WAFCS Executive Director
7:30 a.m. Registration, Silent Auction, and Art and Design Show Open
7:30 – 8:15 a.m. WAFCS Annual Business Meeting
8:30 – 9:30 a.m. 3rd General Session Keynote Speaker Dan Veroff
                   “The Changing Demographics of Wisconsin: Implications for Working with Wisconsin Families and Communities”
9:30 – 9:45 a.m. Break—Silent Auction and Art and Design Show Open
9:30 a.m. – 12 p.m. AAFCS Certification Exam (PRE-REGISTRATION REQUIRED)
9:45 – 10:45 a.m. BLOCK 3 Breakout Sessions
                   A. “Promoting and Strengthening Family and Consumer Sciences Toolkit: From Data to Action”—Arlene Welcher, WAFCS President and McFarland High School Family and Consumer and Health Sciences Teacher
                   B. “Change: Thriving vs. Surviving”—Chris Knipe, CFCS, Winnebago County Family Living Educator
                   C. “Be Inspired with Pork - Resource Browse”—Tammy Vaassen, Director of Operations, Wisconsin Pork Association, and Catherine Lader, Education Consultant
                   D. Education Consultant
10:45 – 10:59 a.m. Break—Silent Auction and Art and Design Show Open
11:00 a.m. SHARP Silent Auction Closes
11:00 a.m. – 12 p.m. BLOCK 4 Breakout Sessions
                   E. “Embracing and Managing Changes at the Dinner Table: Vegetarian Cooking, Eating, and Resources”—Kimberly Hart-Shatswell, Jefferson High School Family and Consumer Sciences Teacher
                   F. “How to Develop and Build a Dynamic Family and Consumer Sciences Advisory Group”—Susan Turgeson, CFCS, UW-Stevens Point Lecturer
                   G. “E-parenting”—Kristen Bruder, Dunn County Family Living Agent
12:00 – 12:45 p.m. Lunch
12:45 p.m. Student Unit Community Service Project Presentation
1:00 – 1:30 p.m. Announcements, Door Prizes, Invitation to 2014 WAFCS Annual Conference, and Pick Up Silent Auction Items
3:00 p.m. Capital Brewery Tour (Must register in advance—cost is $5/person at the door)

Notes of Thanks

Dear friends,

Thank you so much for the honor WAFCS gave me by hosting a reception for me at the 2012 AAFCS Annual Conference. It was one of the most memorable moments of the conference for me—seeing all my friends and colleagues who have supported me throughout the years. I appreciate the time and effort that went into making the event happen. The flowers added the right touch, and they were beautiful. I loved the card with all your statements of support—even from Anonymous! I look forward to continuing to work with all of you on behalf of AAFCS and the Wisconsin Affiliate. Thank you again.

Sue Buck, CFCS
AAFCS President

Dear WAFCS Council
and New Achiever Award Committee,

What an honor to receive the 2012 WAFCS New Achiever Award! Your confidence in my past accomplishments and future contributions is appreciated. The plant and plaque were very thoughtful gestures. As I mentioned at the awards presentation, WAFCS has been like family to me. I look forward to representing Wisconsin at the AAFCS Annual Conference. Thank you again for supporting and encouraging young leaders!

Sincerely,
Tiffani Roltgen, CFCS
2012 WAFCS New Achiever
2013 WAFCS Annual Conference Lodging at Radisson Hotel—Register Early!

The Radisson Hotel
571 Grand Canyon Drive
Madison, WI 53719
Phone: 608-833-0100
Fax: 608-833-6543
http://www.radisson.com/madison-hotel-wi-53719/madison/

Rooms have been blocked for Thursday, March 7, 2013, and Friday, March 8, 2013, at $70 per night plus tax. The reserved rooms include King and 2 Double, non-smoking. The rooms are reserved under the name “WAFCS.” The block will be released February 7, 2013. Check-in is 3:00 p.m. (if rooms are ready, check-in may be earlier), and check-out is at 11:00 a.m. Available services include:

- 24-hour Business Center,
- Airport shuttle service complimentary from 7 a.m. – 11 p.m.,
- Full hot breakfast buffet – complimentary,
- High-speed Internet access – complimentary,
- Indoor heated pool and whirlpool,
- Parking – complimentary,
- Fitness center open 24 hours daily, and
- Room service available from 6:30 a.m. – 10 p.m.

Directions

From Milwaukee:
Stay on I-94 W/US 41 N. Continue to follow I-94 W for about 70 Miles; Keep LEFT via EXIT 240 toward Madison; Merge onto I-39 S/I-90 E via EXIT 4A on the LEFT toward Janesville for about 3.8 mi.; Merge onto US-12 W via EXIT 142A toward Madison for about 11.8 mi.; Take the GAMMON RD. exit, EXIT 255; Keep RIGHT at the fork to go on S GAMMON RD.; Turn RIGHT onto ODANA RD.; Turn RIGHT onto GRAND CANYON DR.

To Radisson from North or South:
Stay on I-39 toward Madison; Merge onto US-12 W via EXIT 142A toward Madison for about 11.8 mi.; Take the GAMMON RD. exit, EXIT 255; Keep RIGHT at the fork to go on S GAMMON RD.; Turn RIGHT onto ODANA RD.; Turn RIGHT onto GRAND CANYON DR.

From the West:
Take I-90/94 E toward Madison. Take US 12 EXIT 92 toward Baraboo/Devils Lake. Merge onto US 12 E (through roundabout) for about 44 miles; Take GAMMON RD. EXIT 255; Left onto GAMMON RD., right onto ODANA RD; Take second right onto GRAND CANYON DR.

From Downtown Madison:
Start out going NORTHEAST on E WASHINGTON AVE/US-151 N toward S. BLOUNT ST.; Make a U-TURN onto E WASHINGTON AVE./US-151 S; Turn LEFT onto US-151; Turn SLIGHT


What’s in Your Closet?
WAFCS Foundation Silent Auction Items Needed!

By Jean Zeithaml, CFCS,
WAFCS Foundation Member at Large

The Silent Auction held during the WAFCS Annual Conference is the WAFCS Foundation’s primary fundraising activity. Please bring items to Madison for this year’s Silent Auction, March 8-9, 2013. Consider donating good quality used items or new or homemade items for the fundraiser to benefit scholarships, professional grants, travelships, and WAFCS organizational membership in the International Federation for Home Economics (IFHE). Individual membership in IFHE is also strongly encouraged.

Think about assembling a “themed” basket or pamper package. Or if you’re shopping and come across some good deals, pick up an extra one to donate. If you make arts or crafts, share an example of your creativity for this good cause. Consider requesting corporate donations as well. Contribute items from your international travels and vintage jewelry or decor. Re-gifting is permissible!

If you are unable to attend, but would still like to donate items, please send them along with someone who is attending the conference or feel free to mail the items by March 4, 2013, to:
Jean Zeithaml
N8519 690th Street
Colfax, WI 54730

Please bring your donations to the auction and come prepared to “bid high and bid often” in Madison. It’s always a fun time. Thank you and see you there!
“Focus on the Future” Student Unit Conference: Learn, Sew, Swap, and Brew

The Wisconsin Association of Family and Consumer Sciences (WAFCS) Student Unit held their Annual Student Conference this past October. “Focus on the Future” was a great success with sixteen students from both UW-Stout and UW-Stevens Point gathering to learn about interviewing, sew a community quilt, swap curriculum, and attend a brewery tour.

Dr. Pam Bork of Stevens Point gave a presentation on interviewing. As a former principal in the Stevens Point school system, Dr. Bork has many years of experience working with pre-service teachers as well as those interviewing for jobs. Dr. Bork’s presentation offered outstanding advice on how knowing ourselves as teachers is one of the most important aspects of interviewing.

As a group we also created squares for a community quilt. This was an excellent opportunity for student collaboration. Those with more refined sewing skills were able to help others, and the quilt turned out great. With help from WAFCS member Crystal Bell, the finished quilt will be auctioned off during the WAFCS Annual Conference.

The students who attended the conference were also able to participate in a curriculum swap and a tour of the historic Stevens Point Brewery. This was an awesome opportunity to share talents and ideas about lesson planning and class activities, as well as learn more about the science and art of brewing, packaging, and marketing beer. Overall it was a great conference!

2012 “Focus on the Future” WAFCS Student Unit Conference Attendees

Front Row (Left to Right): Haley Woggon, Brianna Miller, Lauren Leahy (new WAFCS member), Amanda Zellner, Patricia Fanta, Amanda Montague (WAFCS member), Courtney Gosney, Jessica Monfils (WAFCS member), Julie Martin (new WAFCS member), and Arielle Penza. Back Row (Left to Right): Jillian Weyers (new WAFCS member), Jessica Golla, Laura Neuman, Kim Mennen, and Rebekah Catalano (WAFCS member).
10 Reasons to Attend the AAFCS Annual Conference in Houston, TX, June 26-29, 2013

By Beverly Braun, WAFCS Vice President Professional Development

I have attended 35 or more AAFCS national conferences. I have been asked by those who do not attend, WHY? Every year offers something different, but I have narrowed it down to my top ten reasons.

1. I feel that the conferences keep me updated with the direction of family and consumer sciences (FCS).
2. I have enjoyed perusing the product and book companies (and their freebies) in the exhibits.
3. I have appreciated the pageantry of the various conference celebrations.
4. I have friends that I have met along the way and look forward to seeing year after year.
5. I have traveled to many cities in the United States because of the changing locations.
6. I have enjoyed the conference tours which allow us to see behind the scenes, what a normal tourist does not get with a normal tour.
7. I have enjoyed the historical hotels that were part of the conference locations.
8. I have taken advantage of the opportunity to sample new foods and local restaurants in the conference cities.
9. I have enjoyed getting to know my sister who has traveled with me to many of the conferences.
10. Both of us are looking forward to heading to Houston and checking out the tourist information the city has to offer. We’d love to see you there!

Why I Attend the AAFCS Annual Conference:

By Gretchen Speerstra, CFCS, WAFCS member

As a retired person, I like to stay “in the loop” with the national association, in addition to the state and local groups. I have enjoyed getting to know more about the United States. I’ve done so much traveling internationally that it’s nice to learn more about my own country as I travel to national conferences! Finally, I value the networking and connections with people I have not seen for a while. I’ve found that carpooling is especially great for renewing relationships with FCS friends.

Finding Common Ground in Political Turmoil

By Carol Anderson, CFCS, WAFCS Vice President Public Policy

In today’s toxic post-election political environment, is finding common ground possible? Hopefully, the answer is a resounding YES as complex issues need attention. Together we can find solutions that make sense and move society forward.

Finding Common Ground in Political Turmoil

By Carol Anderson, CFCS, WAFCS Vice President Public Policy

In today’s toxic post-election political environment, is finding common ground possible? Hopefully, the answer is a resounding YES as complex issues need attention. Together we can find solutions that make sense and move society forward.

One of the small books I have appreciated over the years is Getting to Yes: Negotiating Agreement Without Giving In, and a new edition was released in 2011. Roger Fisher and William Ury continue to commit themselves to helping people improve their skills in conflict resolution and agreement making. In today’s world, organizations including government are increasingly flatter due to access to information. To accomplish work goals and meet the needs of people, we are relying on considerably more input and involvement. Access to information from around the globe helps to inform, and pyramids of power are shifting into networks of negotiation.

The reality is that we engage in negotiation daily from the time we wake up until retiring. Fisher and Ury say that it is time to “move beyond who is going to win and who is going to lose” to find a better way to deal with our differences. It hopefully becomes a wise agreement and perhaps initially not a win-win. Change is often evolutionary rather than revolutionary and therefore increments can be of value. Conflict is not eliminated, rather it is transformed. Fisher and Ury also say that consensus is often superficial and ineffective. Therefore, common ground becomes a goal. Throughout the process, a key ingredient is communication by all, not just a few individuals who may have a vested interest. Mutual respect and open sharing lead to an in-depth understanding of the perspectives, beliefs, and values of others.

Disentangling the people from the problem is a starting point, and this means leaving egos at the door. It is also important to clearly define the issue and find agreement on what is being examined. By focusing on interests rather than positions, concerns can be framed around positives or considered by looking at how different groups are currently affected and could be in the future. Exploring different points of view and the reasons for these views can help in the eventual search for creative solutions. People are creative and therefore can help to invent options for multiple gain.

Insisting on using objective criteria is essential. A variety of questions can be posed: What differences will this option make? What will be the strengths, problems, opportunities, and threats? Who will benefit? Who will not benefit? What will be different at least three years from now? Eventually, commitment is needed so that there is a sense that the selected option will make a difference.

To get your 2013 AAFCS Annual Conference experience started, visit the following websites:

AAFCS 104th Annual Conference & Expo: http://www.aafcs.org/meetings/13/

Trip Advisor’s “Things to Do in Houston” http://www.tripadvisor.com/Attractions-g56003-Activities-Houston_Texas.html

LAST CHANCE TO SIGN UP!

WAFCS Annual Conference Registration and Hotel Reservations
Due February 7, 2013.
What brought you to the field of family and consumer sciences (FCS)?

I think being active in 4-H helped spark the interest I have in many areas of FCS. I was introduced to the field through Prescott High School FCS teacher, Mary St. John, who is still teaching and is now my colleague. I enjoyed many of the classes in the department, and she encouraged me to look into becoming an FCS teacher. I researched the program at UW-Stout and decided it was a good fit for me.

What made you decide to join AAFCS/WAFCS?

I have always felt it is important to be active in professional organizations. It is through these organizations that you grow in your profession and keep current, so I decided it is time to give it a try. I am a one-person department at my middle school. I was enticed to join by the idea of staying more current with FCS happenings and by the webinars offered through the American Association of Family and Consumer Sciences (AAFCS). There are many topics that interest me; I like the idea of professional development on my own time. I am also interested in going through the process of earning Certified in Family and Consumer Sciences (CFCS) credentials.

Tell us a little about your career path.

I received my bachelor’s degree in Home Economics Educational Services from UW-Stout in 1996. In 2007, I added a minor in Health Education, as well as a 316 Reading Licensure. I will complete my master’s degree in Human Development Family Studies from UW-Stout in December 2012. I began my teaching career in 2001 at Hudson Middle School after spending five years home with my young children. In 2003, I moved to Prescott Middle School, where I currently teach FCS and reading.

What do you enjoy most about your job?

I enjoy the wide variety of students I teach. I love the enthusiasm they bring into my classroom. I also get to teach the things I am passionate about every day. I feel I make a difference in the lives of the students I teach.

Any family or hobby information you'd like to share?

My family consists of my husband and five wonderful children, ages 5 to 18. I spend most of my time watching them at basketball, football, wrestling, dance, drama, and music events. When I have time, I enjoy reading, gardening, and trying new recipes.

Where Did YOU Enjoy Reading the WAFCS Newsletter?

Dr. Esther Fahm, CFCS, and Dr. Diane Klemme, CFCS, were “caught” reading the WAFCS Newsletter in the hallway during finals at UW-Stout and sharing ideas for the 2014 WAFCS Conference. Dr. Fahm will chair the 2014 Annual Conference Planning Committee, with assistance from Dr. Diane Klemme, CFCS; Dr. Carolyn Barnhart, CFCS; Cindy Quilling; and several UW-Stout students. Are you traveling to an interesting destination? Do you live near a local landmark? Do you have a creative photo idea? Please submit digital JPG photos showing you (feel free to include family members and friends) reading the WAFCS Newsletter to askwafcs@gmail.com. You may be featured in an upcoming issue of the WAFCS Newsletter!

Thank You!

Dear WAFCS Council and Members,

It was a touching surprise you gave me at the 2012 WAFCS Conference. The beautiful memory book was a trip down memory lane, and I truly appreciate the time and effort that went into its creation. It is a treasure I will always value. Thanks too for the lovely vase of flowers and the generous gift cards.

Many changes have occurred since I started to serve as Executive Director of WAFCS, and I predict the changes will keep coming faster and faster, but I am confident the association will continue to be a source and voice for strong families. Our new leadership is working toward a smooth transition, and they are off to a good start.

Some of you have heard me say that WAFCS is extended family to me, and I want to reach out to each one of you to thank you for your work and dedication to our work as family and consumer sciences members. Again, thank you for your generosity.

Cordially,
Priscilla Bondhus
Former WAFCS Executive Director
Foundation Seeks Professional Project/Research Grant Applications

By Jean Zeithaml, CFCS, WAFCS Foundation Member at Large

The Wisconsin Association of Family and Consumer Sciences (WAFCS) Foundation will award up to $1,000 in grant money for a professional project or research proposal related to the field of family and consumer sciences. Applicants must hold a bachelor's degree and be a current member of WAFCS and the American Association of Family and Consumer Sciences (AAFCS). The grant recipient will acknowledge the grantor and share his/her project results or research findings with the WAFCS/AAFCS membership via a WAFCS newsletter article and/or presentation at a WAFCS and/or AAFCS Annual Meeting. Preferably, the grant recipient will be present at the 2013 WAFCS Annual Conference, March 7-9, 2013, in Madison, to receive the award.

To apply for a grant, applicants should submit a one- to two-page proposal (preferably electronically) to Karen Goebel, CFCS, WAFCS Foundation Chair, at kpgoebel@wisc.edu no later than February 15, 2013. Contact Karen at 608-444-2652 with any questions. Proposals must include:

- Name, address, phone number, e-mail address, and AAFCS member number of applicant(s),
- Project description and objectives (or statement of problem and justification, research objectives, and methodology or procedure),
- Proposed timeframe for the project/research,
- Amount requested with rationale for request, e.g., how grant funds will be used, and
- Plan for dissemination of project results/research findings.

Previous Professional Project/Research Grant Recipients

For the first time in 2012, the $1000 Professional Project/Research Grant was divided. A grant of $500 was awarded to Juliann Jones for her proposal to establish a school garden at Gilmore Middle School in Racine. Another grant of $500 was awarded to Dr. Cynthia Jasper of UW–Madison for her research proposal to study elder financial exploitation in Wisconsin. We look forward to hearing updates or results at the 2013 WAFCS Annual Conference.

Carolyn Barnhart and Cathy Lader, 2011 WAFCS Foundation Grant recipients, developed a tool to use with Family, Career and Community Leaders of America (FCCLA) advisers to examine FCCLA STAR (Students Taking Action with Recognition) events in relationship to 21st century skills. Jeanne Schwass-Long, 2010 WAFCS Foundation Grant recipient, developed and taught a series of wellness/food preparation classes for developmentally-delayed clientele in the Stoughton community. It was so successful that it generated outside funding to be continued! The very first WAFCS Foundation Grant recipients, Mary Kaye Merwin and Virginia Hall, developed and implemented child-centered learning kits to be used with Hispanic elementary school-age children and their families in the Delevan-Darien School District.

WAFCS Foundation Donation Form

$_______Other_______ $100_______ $50_______ $25

Name  ______________________________________________________________________________

Address ______________________________________________________________________________

City/State/Zip  _________________________________________________________________________

In Memory/Honor of (Circle which) _______________________________________________________

AAFCS/WAFCS is a 501 (c)(3) not-for-profit organization. All contributions are tax deductible.

Make checks payable to
WAFCS & send to:
Karen Goebel, Chair
WAFCS Foundation
1821 Camelot Drive
Madison, WI 53705
608-238-8766
kpgoebel@wisc.edu

Please send a card acknowledging this gift to:

Name ________________________________________________________________

Address ______________________________________________________________________________

City/State/Zip __________________________________________________________


HUGS for Students

Through a program called Helping Undergraduate and Graduate Students (HUGS), WAFCS subsidizes half of each student membership. To qualify, complete your AAFCS membership form http://www.aafcs.org/Membership/membership_print.html and submit with payment in full ($60). Upon receiving confirmation of your AAFCS membership, forward a copy of the letter to WAFCS President Arlene Welcher at welchera6412@gmail.com. Be sure to include a current address. A $30 check will be sent by WAFCS Treasurer Susan Turgeson, CFCS. We look forward to your membership and participation! The following students have already been “hugged” this year:

- Jessica Monfils (UW-Stout)
- Shelby Bowe (UW-Stevens Point)
- Kaitlyn Britz (UW-Stevens Point)
- Rebekah Catalano (UW-Stevens Point)
- Julie Martin (UW-Stevens Point)
- Alissa Uttech (UW-Stevens Point)

WAFCS Membership Directory Updates

Edie Felts-Podoll
No Work Phone
Cell Phone: 715-340-0048
E-mail: stonehvn@uniontel.net
(Same address and region)

Cynthia Jasper, Ph.D.
1300 Linden Drive
4199 Nancy Nicholas Hall
Department of Interdisciplinary Studies
Madison, WI 53706
(Same phone, e-mail, and region)

Judith Nicholson
jnicholson3005@charter.net
(Same address, phone, and region)

Wendy Way, Ph.D.
1300 Linden Drive
4199 Nancy Nicholas Hall
Department of Interdisciplinary Studies
Madison, WI 53706
(Same phone, e-mail, and region)
2013 Calendar of Events

January 12 ............... WAFCS Council Teleconference Meeting
February ............... National Career and Technical Education Month
February 7 ............ WAFCS Annual Conference Registration and Hotel Reservation Deadline
March .................... National Nutrition Month
March 1 ............... WAFCS April E-Newsletter Deadline
March 7 ............... WAFCS Annual Pre-Conference and WAFCS Council Meeting
March 8-9 ............. WAFCS Annual Conference (Madison, WI)
March 21 ............... World Home Economics Day
April ..................... National Financial Literacy Month
April 21-27 .......... National Volunteer Week
April 25 ............... International Pay it Forward Day
May 1 .................... WAFCS Summer Newsletter Deadline
May 6-10 ............. National Teacher Appreciation Week
May 7 .................... National Teacher Appreciation Day
June 26-29 .......... AAFCS Annual Conference & Expo (Houston, TX)

Submit newsletter content for the WAFCS Summer Newsletter by May 1, 2013 to askwafcs@gmail.com.
The theme for 2012-2013 newsletters is Promoting and Strengthening Family and Consumer Sciences.

In This Issue

WAFCS Annual Conference Keynote Speakers ........1
President’s Message....................................................2
Words from the Wise ....................................................3
International Service Learning...................................4
International Connections...........................................5
Regional Activities.....................................................6
WAFCS Annual Conference Opportunities .............7
WAFCS Annual Conference Agenda.........................8
WAFCS Annual Conference Agenda.........................9
WAFCS Annual Conference Logistics.....................10
Student Activities .....................................................11
Vice President Reports .............................................12
Celebrating Our Members ......................................13
Foundation News ......................................................14
Financial Reports .....................................................15