Plans are underway for what will be an exciting and informative 2020 annual conference. This year we have no specific conference theme so breakout sessions will cover topics to suit the varying needs and interests of the audience. We have two excellent key note presenters scheduled, one being Nancy Franz, an Iowa State Extension specialist, retired, who keynoted at AAFCS in St. Louis this year. Though we do not have a specific theme, we do have a sub-theme, that is to celebrate the accomplishments of Family and Consumer Sciences and our members throughout the years.

Several format changes were made for last year’s conference and these will be implemented again this year. The Thursday evening Relax, Relate and Refresh event will again be held. Friday will be a very busy day with a keynote, breakout sessions, silent auction, exhibitors, art and design show, a mentor/mentee event and an awards dinner. Saturday morning will feature a keynote, breakout sessions, and brunch with a goal to end no later that 1:00 pm (maybe sooner) as we know how important weekends are to everyone.

What are the next steps in planning for the conference?

• Save the dates – submit a request for conference days
• Submit a breakout session proposal–the form is included in the newsletter and is available on the website under Events: https://wafcs.org/events.html
• Recruit an exhibitor for the Conference
• Join the planning committee – contact Janet Powell at janetmpowell38@gmail.com

The breakout proposal form follows. This is the time for you to share your expertise. Or, maybe you know someone who should be sharing a particular expertise. Submit!
Wisconsin Association of Family and Consumer Sciences
“Call for Proposals”
Annual Conference, March 26-28, 2020
Chula Vista Resort, Wisconsin Dells

“Never underestimate the valuable and important difference you make in every life you touch. For the impact you make today has a powerful rippling effect on every tomorrow.” Anonymous

Share your knowledge and expertise as a presenter for the WAFCS Conference! The Conference Committee invites you or your team to submit a proposal to present during a breakout session at the 2020 WAFCS conference. Presenters must be registered for the conference and will receive a 10% discount on registration. Companies must be an exhibitor to be a presenter at our conference.

Submission Deadline: October 25 - Electronic Mail Only – MS Word, Google doc, or PDF format. Send to: Delaine Stendahl at stendahld@whitehallsd.k12.wi.us

Following the AAFCS direction, there is not a specific theme for our conference this year.

Conference Objectives
• To create opportunities for students and professionals to expand their knowledge and networks related to personal, family, and community well-being
• To connect with FCS students and professionals across content areas and practice settings
• To communicate how FCS professionals and programs address and strengthen personal, family, and community well-being
• To cultivate mentor relationships between FCS students and professionals
• To celebrate the accomplishments of members

From submissions, the Conference Committee will select a variety of topics to meet the needs of WAFCS professionals. Breakout sessions will be 45 minutes in length, Friday March 27 and Saturday March 28. Presenters are encouraged to submit their slides and/or handouts for posting on the WAFCS website.

If interested in presenting at the 2020 WAFCS Conference, please complete the two-page form enclosed.

Feel free to contact our committee with any questions you may have regarding your interest in presenting at the conference! We look forward to your proposal!

2020 WAFCS Conference Break Out Session Committee:
• Delaine Stendahl, VP for Professional Development at stendahld@whitehallsd.k12.wi.us
• Bethany Buenning, VP for Public Policy at bbuenning@hotmail.com
• Carol Subera, Retiree Representative at cmsuberar@hotmail.com
• Miranda Stroik, New Professional Representative at Miranda.stroik@gmail.com
2020 WAFCS Conference Proposal Form

When planning your breakout session use the table below to check which content area(s) you will be addressing:

<table>
<thead>
<tr>
<th>Content Areas</th>
<th>Check all that apply</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Outreach</td>
<td></td>
</tr>
<tr>
<td>Education Leadership</td>
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<tr>
<td>Culinary Arts, Nutrition</td>
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<tr>
<td>Design, Art</td>
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<td>Health, Wellness</td>
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<td>Family Relations, Child Development</td>
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<td>STEM (Science, Technology, Engineering, Math)</td>
<td></td>
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<tr>
<td>Public Policy</td>
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</tbody>
</table>

Selection Criteria for Proposals

1. Relationship of content to objectives
2. Relevance/timeliness of the topic
3. Appeal to members-engaging/participatory in nature
4. Conduciveness to breakout session setting
5. The need for balance within and among the sessions

When submitting a proposal:
*Please submit only one form per break out session
*For co-presenters, one form is submitted.

Presenter (Proposal submitted by):
Name (as you want it printed in the program)
School/Organization/College/University
E-mail
Mailing Address
City State ZIP
Office Telephone
Home Telephone
Fax

Co- Presenter (if additional co-presenters, please submit information by e-mail):
Name (as you want it printed in the program)
School/Organization/College/University
E-mail
Mailing Address
City State ZIP
Office Telephone
Home Telephone
Fax
Proposal Title:

Session Objectives:

Description (100-word limit on description for use in conference program):

Room Preparation – Please list any special requirements – table, podium, microphone etc.

All presenters will need to provide their own computer, and LCD projector. Screens and AV carts will be provided.

Time Preference – When constructing conference schedule we will do our best to accommodate your time preference. However, this is not a guarantee that your request will always be met.

Friday breakout sessions AM______ PM_______
Saturday breakout session AM______

Brief Bio/Introduction (that will be used to introduce you.)

This form is submitted to Delaine Stendahl, VP of Professional Development at stendahld@whitehallsd.k12.wi.us
A Message from your President

Fall is upon us and hopefully all are off to a good beginning of the school year, the fall Extension programming, and fall business plans, as well as any other professional responsibilities you may be working on. Even if you are retired, I hope that you haven't forgotten your FCS links and work to keep them strong by sharing your knowledge and expertise.

There are three national initiatives that AAFCS is working on and providing excellent resources:
- FCS FIT – WELLNESS WEDNESDAYS
- SAY YES TO FCS
- FAMILY AND CONSUMER SCIENCES DAY – December 3, 2019

I encourage all members to find at least one of these initiatives to become involved in and promote and publicize our profession. Go to the AAFCS website and you will find great ideas and resources to assist you in your efforts.

It’s not too early to mark your calendars for the WAFCS State Conference March 26-28, 2020 in Wisconsin Dells. Now is the time to request attendance and support from your employer to participate in this event. Look for ways that you can be directly involved with conducting a workshop or presenting some of your innovative work. More details in this newsletter.

Enjoy the fall season and keep up your good work.
Mary Kaye Merwin
President

WAFCS Foundation Celebrates 30-Year Anniversary in 2020; Offers Travelships to IFHE World Congress in U.S.

By Jean Zeithaml, CFCS, WAFCS Foundation Member-at-Large

Foundation Celebrates 30-Year Anniversary in 2020 (Part I)
The year 2020 will mark the 30-year anniversary of the WAFCS Foundation! Beginning with this issue, we will highlight how the Foundation began and how it has grown. It was established in 1990 “to advance the well-being of individuals and families through education, research, cooperative programs, public information, government relations, business, industry, and human services.” Fourteen WAFCS members formed the Founders Club by each pledging $500 over a three-year period. These contributions provided the basis for a fund to support an undergraduate scholarship. The original Founders Club individuals were:

Lois Alfsen
Diane Colby
Gwen Daluge
Cheryl Fedje
Sharon Gilles
Karen Goebel
Mary Heisler

Rita Houser
Judy Jax
Marian Latzko
Nellie McCannon
Judy Rommel
Marilyn Swiontek
Louise Young

In December of 1994, Foundation Board Members, Karen Goebel, Louise Young, and Nellie McCannon, each offered to match donations of WAFCS members up to $1000. When combined donations reached $1000, one of these three generous women matched it with $1000. By April of 1996, WAFCS members’ contributions reached the third $1000 mark and was matched again, for a
total of $6000. In June of that same year, Alice Iverson agreed to match yet another $1000 in contributions. (To be continued!)

**Foundation Offers Travelships to 2020 IFHE World Congress in U.S.**
The Foundation will offer three professional travelships of $500 each to WAFCS professional members to attend the IFHE (International Federation for Home Economics) World Congress in Atlanta (August 2-8, 2020), with preference given to first-time attendees. Applicants should use the “Travelship Application—National Conference” form available on the WAFCS website and substitute “IFHE World Congress” for “National Conference.” This is a very unique opportunity in that this is only the third time that the IFHE World Congress has been hosted in the United States! It was previously held in Annapolis, Maryland in 1958 and Minneapolis, Minnesota in 1988.

**Resolutions Passed**
The Foundation Board of Directors held a meeting on July 9, 2019 and passed several resolutions. WAFCS President Mary Kaye Merwin and 2019 and 2020 Annual Conference Co-Chairs conducted an analysis of comments/surveys collected from the Joint Business Meeting and discussion about the future of our Association held during the 2019 WAFCS Annual Meeting. In an effort to recommend policy and procedures for future conferences, issues related to the Foundation were forwarded to the Foundation Board for analysis and response. The Foundation resolved to:

✦ Continue to offer incentives (such as scholarships, travelships, grants, etc., hereafter referred to as “awards”) to encourage professional and student membership, conference attendance, and involvement in leadership capacities.

✦ In an effort to increase accountability, prepare an exhibit board showcasing “award” recipients’ responses to application questions such as:
  ✦ How do you plan to share the knowledge that you gain by attending the national conference?
  ✦ Indicate how this Annual Conference award can help you reach your FCS career goals and promote professional growth in the field of FCS?
  ✦ How will this scholarship help you reach your FCS career goals?

✦ Encourage “award” recipients to post comment notes on the board as the conference progresses, for example, as they are picking up ideas and thinking of how they will put them to use.

✦ Send follow-up letters to “award” recipients emphasizing that we are glad that they attended the conference, hope they saw the benefit of the professional development and networking opportunities, and hope that they envision the benefit of continued membership, involvement, and the opportunity to pay it forward via a leadership role in the Association.

✦ In an effort to retain membership, we as professionals have a role to play in being welcoming and demonstrating the benefits of continued membership and involvement. We need to show support and give encouragement to students and young professionals.

✦ Pay out all Foundation “awards” on a reimbursement basis.

**Recent Donations**
The Foundation gratefully acknowledges many donations made to the Foundation in memory of Gwen Daluge, Family & Consumer Sciences teacher and UW–Extension educator: Charles & Barbara Carmichael, Glenda Churchill, Richard & Peggy Daluge, Karen Goebel, Virginia T. Hall, Renee Johnson, John & Cathy Lader, Mary Kaye Merwin, Nyla Musser, Owen & Carla Olson, Tim & Priscilla Parsons, Penny Reese, James & Karen Stauffacher, Carla D. Voss, and Thomas Lee Zapp. Gwen was the WAFCS Teacher of the Year in 1979 and Distinguished Alumna of the UW–Madison School of Human Ecology in 1981. As Nyla Musser so eloquently wrote, “She was an excellent teacher and an inspiration to her students and fellow colleagues.”

Janet Powell made a donation in memory of Mary Kaye Merwin’s brother, Ernest J. Merwin. He lived his entire life on Merwin Farms and was an avid hunter, proud farmer, and committed to community service.
Nominate a Member!

Please nominate a member for an Award or an Agency or non-member for a Friend of the Family Award. In WAFCS we have the following Awards: New Achiever, Teacher of the Year, Leader Award and Friend of the Family Award. More information about each award is on the WAFCS website: https://wafcs.org/forms.html

Please send nominations for awards by November 1, 2019. The nomination process is simple. Send an e-mail to the appropriate award chair listed below and state in a sentence why the person you are recommending deserves the award. You do not need to contact the nominee - the award chair will take care of connections! Therefore, include the e-mail address of the nominee as well in your e-mail. If you have observed an agency or a non-member promoting and supporting Family and Consumer Sciences and you would like to recognize their support, then nominate them for the WAFCS Friend of the Family Award. A simple e-mail to Carolyn Barnhart will start the process for selection.

The following are the WAFCS award chairs ready to receive your nominations by or before November 1, 2019:
- Teacher of the Year Chair: Mary Kennedy kennmaindel@gmail.com
- New Achiever Award Chair: Mary Kennedy kennmaindel@gmail.com
- Leader Award Chair: Carolyn Barnhart barnharc@uwstout.edu
- Friend of the Family Chair: Carolyn Barnhart barnharc@uwstout.edu

Your nominee will be contacted and asked to complete an application. If your nominee is selected for the Award, he/she will be honored at the WAFCS Annual Conference.
Faith Wilde has been a member of AAFCS/WAFCS for over 60 years. She received her 50 year recognition at the 2006 AAFCS conference. She graduated from Stevens Point University with a B.S. in Home Economics. She then taught Home Economics in the Woodruff area for a few years followed by 30 years of teaching adult clothing classes through Nicolet College. In 1975 she opened The Country Sewing Center of Woodruff featuring Viking sewing machines with fabric and sewing accessories an integral part of the business. Faith’s husband, Ray, serviced the machines and also taught 7th and 8th grade science for 32 years. They retired in 2000.

Their family includes a daughter, son and grandson. Faith’s community service has included many sewing projects to meet the needs of hospital patients in the area. These included comfort scarves, caps and pillows for cancer patients.

For many years I chaired the Region II Fall meeting and Faith always attended along with her husband. It was recognized that they came from the farthest distance. We thank Faith for her committed membership and especially for her contributions to the field of clothing and textiles.

Please carefully read the following letter regarding the establishment of a travel scholarship at UW-Stout in honor of Dr. Carolyn Barnhart.
Dear FCSE Professional,

As you may or may not be aware, Dr. Carolyn Barnhart, program director and department chair emerita at UW-Stout, has been fighting a rare form of leukemia and is receiving aggressive treatment at the Mayo Clinic in Rochester. Carolyn’s husband, Larry, provides daily updates on her CaringBridge site which allows all of us opportunity to stay abreast of her progress and treatments.

**A group of Carolyn’s colleagues are working on her behalf to establish a travel scholarship in her honor.** This scholarship would be awarded to UW-Stout students enrolled in programs in and related to Family and Consumer Sciences Education. The travel scholarship would provide financial assistance for students to participate in state, regional and national professional organization conferences and meetings related to the Family and Consumer Sciences discipline. This includes membership in Phi U (Phi Upsilon Omicron), AAFCS (American Association of Family and Consumer Sciences), WAFCS (Wisconsin Association of Family and Consumer Sciences), DKG (Delta Kappa Gamma), and FCCLA (Family, Career and Community Leaders of America). Dr. Barnhart has worked tirelessly to get students to their associations, meetings and conferences as active member and leader of these local, state and national organizations for almost 40 years.

**To honor Dr. Barnhart’s professional contributions, we are asking members of these organizations to assist in funding the Carolyn Barnhart Student Travelship.** This fund will expand on opportunities for students to attend professional meetings and conferences.

Dr. Barnhart is aware of our project. She holds highly professional association activity and engagement for students in their career preparation, in part due to many lifelong and meaningful relationships she has made throughout her career. Potential recipients would complete an application and review process by faculty and Stout University Foundation staff.

Our goal is to award the first Carolyn Barnhart Student Travelship during the 2019-20 academic year. **Will you join your colleagues to honor Carolyn’s contribution to the profession? We are suggesting a $40 donation from individuals in recognition of Carolyn’s 40 years of professional association involvement.** Your donation and prompt action to this request will help us achieve an endowed fund that will carry Carolyn’s name in to perpetuity. Please go to [Dr. Carolyn Barnhart Student Travelship Fund](https://foundation.uwstout.edu/dr.-carolyn-barnhart-student-travelship-fund) or copy and paste this link to your browser. If you would prefer to send a check, you may do so, directing it to the Carolyn Barnhart Student Travelship Fund at the Stout University Foundation, 712 South Broadway St., Menomonie, WI 54751.

Thank you for your part in honoring the career achievements and leadership contributions of Carolyn to the Family and Consumer Sciences profession.

Sincerely,

Carol Mooney         Julie Furst-Bowe         Diane Klemme
Mary Hopkins-Best    Janice Coker           Jennifer Rudiger
Meet Your Student Officers

Hi, my name is Amber Miller. I am your new 2019-2020 WI Student Unit President. I am a sixth-year student at UW-Stevens Point and my major is Family and Consumer Sciences Education. I student teach in the spring of 2020 and my future plan is to teach high school FCS. In my time here at UWSP, I have changed my major four times and I went from Early Childhood Education to Dietetics to Sustainable Food and Nutrition then to FCS Ed. I chose Family and Consumer Sciences Education because it combines all the majors that I was trying to do into one big major. I took many FCS classes in high school that prepared me for college and even got the chance to do a teaching internship through my high school’s program. Outside of my classes at the university, you can find me at the Stevens Point YMCA as I work as a Great Escape Site Supervisor over at the different elementary schools in the district. In my spare time, I love to watch Netflix and Hulu, hang out with friends, and travel to UW Oshkosh to watch my sister’s basketball games.

Vice President: My name is Jessica Daley and I am a senior in the Family and Consumer Sciences program at UW-Stout. Along with my major, I am minoring in Health Education and Human Development and Family Studies. I am currently on the softball team at Stout and love to volunteer in the community. Some of my favorite hobbies are working out, reading, writing, volunteering, and traveling. I chose FCS because I believe every student should have a chance at learning life skills and a chance to a bright future. I have always put others before myself so this major fits me best because we are always putting our students before ourselves.

Secretary: I am Amanda Kalscheur and I am from Middleton, Wisconsin. I am a Senior at UW-Stout in the Family and Consumer Sciences Program. I will be student teaching this spring. I am part of SAFCS where I served as Secretary my Junior year. I am also a member of the Gamma Sigma Chapter of Alpha Phi national Fraternity, where I served a term as Director of Academics and I am now serving a term as the Vice President of Finance. I am looking forward to continue to grow and learn being the secretary of WAFCS student unit.

Social Communications: “I am Sadie Hooker, a Junior at UW-Stevens Point majoring in FCS Education and minoring in Health Education. I am from Wauzeka, WI, where my family runs Ridgetop Rescue & Boarding. In my earlier days, I was in FCCLA for five years, which is what lead me to my career choice in FCS. On campus, I am employed by Student Health Service as the Reproductive Health Peer Educator and by Residential Living as an Academic Peer Mentor. On top of these positions, I serve as the President for the Stevens Point Association of Family and Consumer Sciences (SPAFCS), as well as participate in a variety of other clubs and honor societies. This past summer I was given the honor of being elected to a national student unit officer – Chair-Elect – which means I will be representing our great state for the next two years on the AAFCS SU Council. In my spare time I thoroughly enjoy caring for my 50+ houseplants that blanket my dorm room from wall to wall, as well as bullet journaling, calligraphy, origami, camping, video gaming, and many more. I look forward to what our organization has in store this coming year, and I’m incredibly proud that I said yes to FCS!”
As Julie Martin was unable to be in St. Louis to receive the AAFCS New Achiever award, on Wednesday, September 25 four WAFCS members traveled to New Glarus High School to present the award to Julie. The setting was a Homecoming Pep Rally during Spirit Week. Wednesday was dress for the decades day and Julie was a 1940's girl! The school gym was filled with all the students as Mary Kaye Merwin described the award Julie was receiving and that she was one of only 3 nationally to receive the award. Many of those in attendance have been students of Julie and she received a well deserved, rousing ovation from students and staff.

WAFCS Members,

I want to thank you for supporting me and honoring me at my school’s pep rally for my National New Achiever Award! I feel so incredibly thankful, special, honored and humbled by this gesture. When I walked into the gymnasium and saw four WAFCS members who had taken their own time in the middle of the day to come and honor me and present me with my award, I realized in that moment the WAFCS support is strong, present and very much alive. It was so encouraging and welcoming to know that there are people “in my corner”. I know that I have built connections with so many wonderful, educated and successful people to look up to. As I enter my sixth year of teaching, I have never doubted that Family and Consumer Sciences is the field for me to be in. It is with great gratitude, that I thank WAFCS for providing me with the mentors, experiences and opportunities to foster my leadership development.

I wish everyone a wonderful start to your school year and once again, thank you from “Little Switzerland” for making me feel so special.

Sincerely,

Julie Martin
Family and Consumer Sciences Teacher
New Glarus Middle and High School
Thank You!

“I would like to thank all of the WAFCS members who provided encouragement and the WAFCS organization who financially supported when I attended the June AAFCS Conference and Expo and the September AAFCS Fall Leadership Workshop. Both events were educational and provided me with lots of information, materials, and ideas to share as together we continue with improving lives of families. It is noteworthy to tell about many warm comments made about members of the Wisconsin Affiliate - Karen Goebel, Carolyn Barnhart, and chair-elect of the Student Unit - Sadie Hooker. Also, at each event I had two wonderful roommates to share lodging.”

Charmaine Rimple

“I experienced a very active seven months with travel and participation at the following events (a) WAFCS Annual Conference, Lake Delton, (b) AAFCS Conference and Expo, St. Louis, MO, (c) WFCE Best Practices Conference, Johnson Creek, (d) FCCLA Summer Celebration, Amery, (e) AAFCS Fall Leadership Training, Arlington, VA, and UW-Stout’s Family and Consumer Sciences Education and WI DPI Childcare Conference, Menomonie. I was glad to have connected with many dedicated professionals serving in the broad field of family and consumer sciences. Especially, I learned of challenges faced by Family and Consumer Sciences Professionals and how each person innovated and found a way to get their program(s) underway. Also, at the two AAFCS events, members shared and discussed their ideas about education and research, human resources management, family financial services. A final reminder from the AAFCS Fall Leadership Training is that the professional membership organization is posed with resources to connect like-minded professionals to share best practices in teaching, present expertise in research, and provide outreach for communities. A side note is that individually or in small groups I shared my professional card idea. The front of the card has at its bottom a centered small AAFCS logo and on the card’s left side is the larger FCS logo. The text on the backside of the card has a bit of AAFCS history with an invitation to explore the AAFCS website. I received positive affirmation about my design for a professional card. Especially liked was the type and quality of paper ‘soft-touch.’ Several members requested I email to them a template of the design.” Charmaine Rimple, President Elect

Miscellaneous

Family, Career, Community Leaders of America (FCCLA-Wisconsin) state website address: https://dpi.wi.gov/fccla

Future Health Professionals (HOSA-Wisconsin) state website address: https://dpi.wi.gov/hosa

Wisconsin Family and Consumer Educators (WFCE) state website address: https://sites.google.com/whitehallsd.k12.wi.us/wfce/home

Career and Technical Education (CTE) state website address: https://dpi.wi.gov/sites/default/files/imce/cte/ctebrochure.pdf

2019 Fall FASD Forum: It’s A Brain Thing: Cognitive Supports for People with Fetal Alcohol Spectrum Disorders and Other Neurological Disorders

October 11, 2019 8:00 AM – 5:00 PM at American Family Insurance Training Center, 6000 American Parkway, Madison. Cost per participant $110.00.
WAFCS Board of Directors 2019–2020

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President Elect      Charmaine Rimple, CFCS
Immediate Past President Deborah Gangnon
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Treasurer            Susan Turgeson Ed.D, CFCS
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VP Public Policy      Bethany Buenning
VP Professional Development Delaine Stendahl
Foundation Designee  Karen Goebel, CFCS

We are here to serve you. Contact information can be found on the WAFCS website at: www.wafcs.org. Let us know your desires and concerns.
2019-20 Calendar of Events

October 5      Board Conference Call
October 26     November E-Newsletter Deadline
January 4, 2020 Winter Newsletter Deadline
March 26, 2020 WAFCS Council Meeting
March 26-28, 2020 WAFCS Annual Conference Chula Vista Resort, WI Dells

*Send newsletter info to: executivedirector@wafcs.org

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